

Global Healthspan Policy Institute

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Hello,

This week we learn about a surprising nutrient that may help preserve brain health, a breakthrough blood test that could detect Alzheimer's years before symptoms appear, how gut bacteria may influence the aging process, and why scientists are studying whether certain common vaccines can provide benefits beyond infection prevention.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO  
Global Healthspan Policy Institute



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#### The Surprising Benefit of Vitamin C in Old Age

Emerging research suggests that higher vitamin C levels may help preserve brain volume and support the neural networks involved in memory and cognition, potentially helping protect against age-related cognitive decline.

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#### We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today.](#)

[Join The Coalition Here](#)

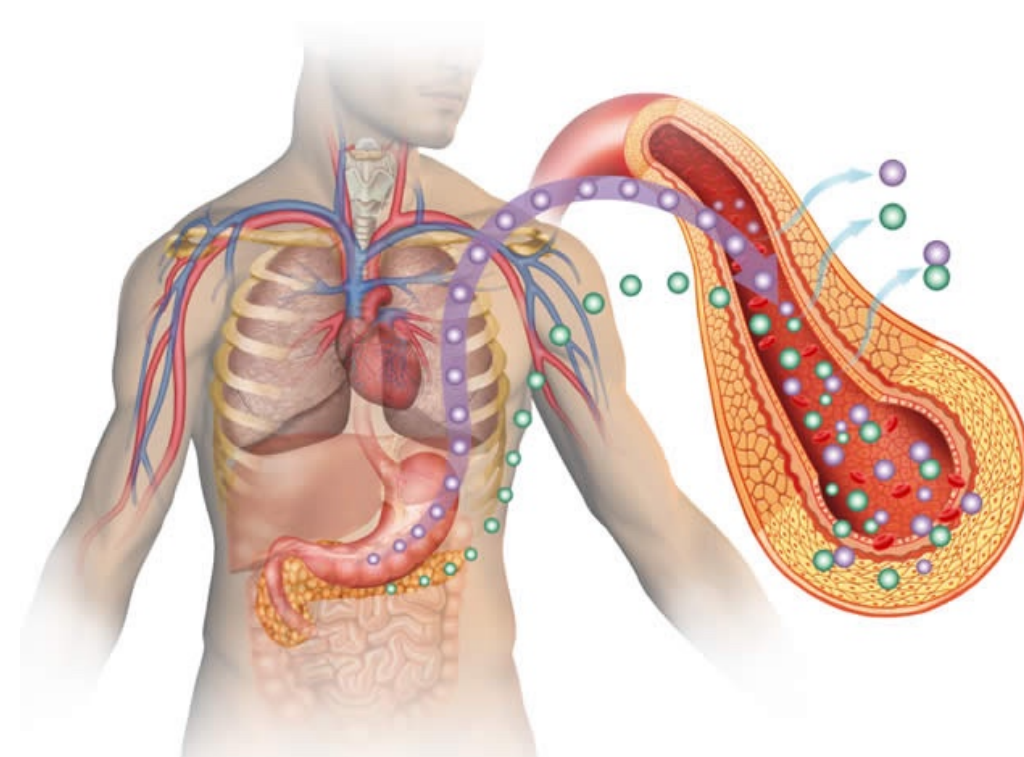
#### Upcoming Events



#### New Blood Tests May Detect Alzheimer's Disease Earlier Than Ever

Researchers continue to refine highly accurate blood-based biomarkers that may allow physicians to identify Alzheimer's disease years before significant cognitive symptoms develop, potentially enabling earlier intervention.

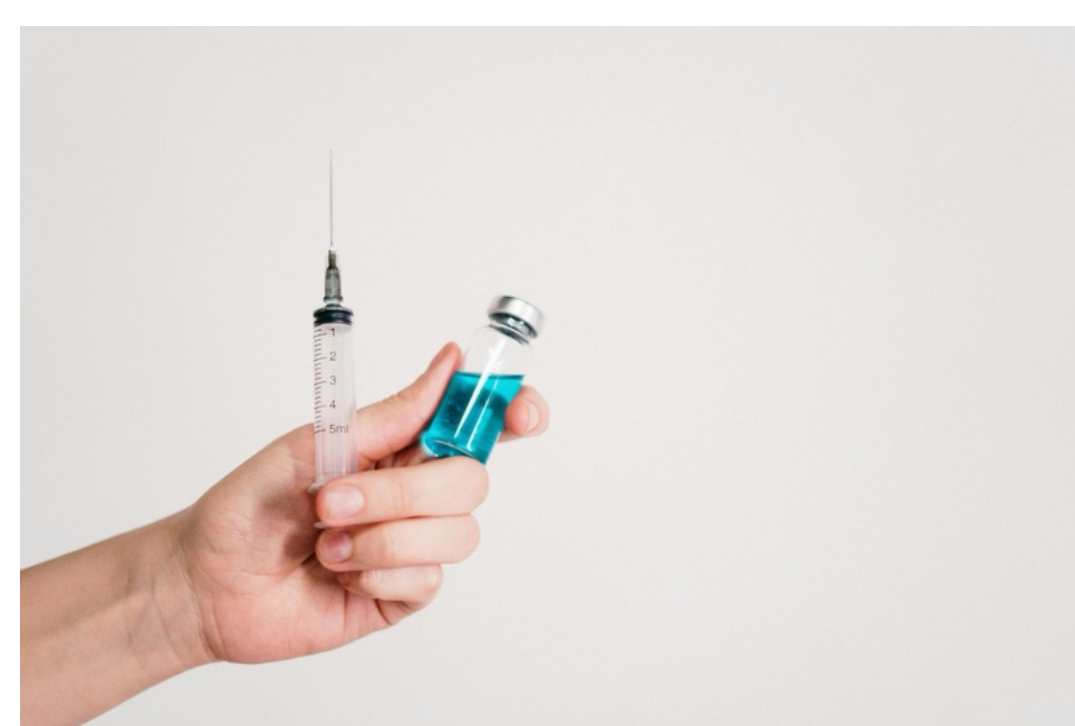
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#### Can Your Gut Microbiome Help You Age Better?

Scientists are finding that the composition of gut bacteria may play an important role in inflammation, immune function, metabolism, and healthy aging, making the microbiome one of the hottest areas in longevity research.

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#### Could Vaccines Do More Than Prevent Disease?

Researchers are investigating whether certain vaccines may provide broader health benefits by enhancing immune resilience, with some studies suggesting possible links to lower rates of dementia and other age-related conditions.

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