

 **GLOBAL HEALTHSPAN
POLICY INSTITUTE**

Hello,

This week we look at new research linking everyday lifestyle and biological rhythms to heart and brain health, explore a promising Alzheimer's treatment in animal models, and examine a global study showing how most heart attacks and strokes trace back to a small set of common risk factors.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute

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**High-Fat Diets Make Liver Cells More Likely to Become Cancerous**

Researchers have found that diets high in fat can alter the metabolism of liver cells in ways that make them more prone to becoming cancerous — highlighting how long-term diet influences cancer risk at the cellular level.

[Read more](#)

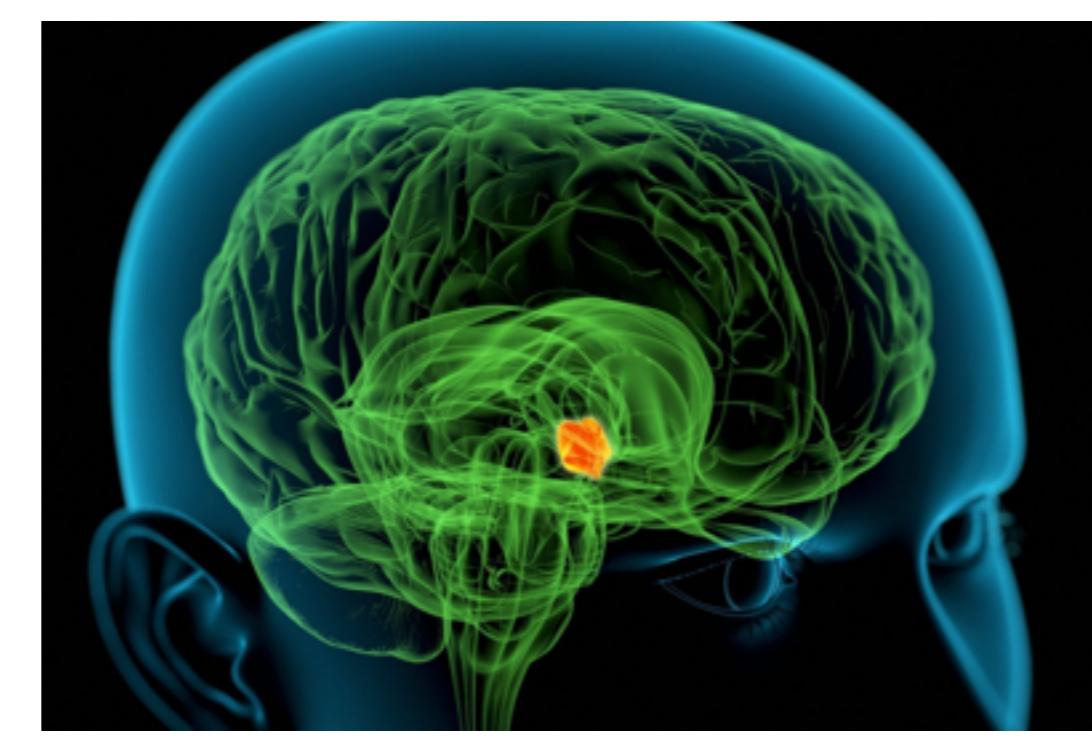


We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond — uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations... today](#)

[Join The Coalition Here](#)

Upcoming Events**Body Clock Disturbances May Contribute to Dementia Risk, Evidence Suggests**

New evidence indicates that disruptions to the body's internal clock — such as irregular sleep patterns — may contribute to dementia risk, possibly by impairing brain waste removal and neural repair processes during sleep.

[Read more](#)

**Experimental Drug Reverses Alzheimer's in Mice**

In encouraging preclinical research, an experimental compound reversed cognitive deficits and reduced hallmark brain pathology in mouse models of Alzheimer's disease — a promising step toward future therapies.

[Read more](#)

**99% of Heart Attacks and Strokes Trace Back to Four Common Risks**

A massive international study of health data from over nine million adults found that nearly all heart attacks, strokes, and serious cardiovascular events occur in people with one or more of four common modifiable risk factors: high blood pressure, high cholesterol, high blood sugar, and tobacco use.

[Read more](#)