

Global Healthspan Policy Institute

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Hello,

This week we learn about four new studies that highlight how everyday decisions—like nutrient intake, supplement use, and even personal choices like tattoos—can affect long-term health and aging. We explore the connection between gut disorders and neurodegeneration, how vitamin D may preserve youth at the cellular level, new concerns about taurine in energy drinks, and emerging evidence linking tattoo pigments to cancer risk.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute



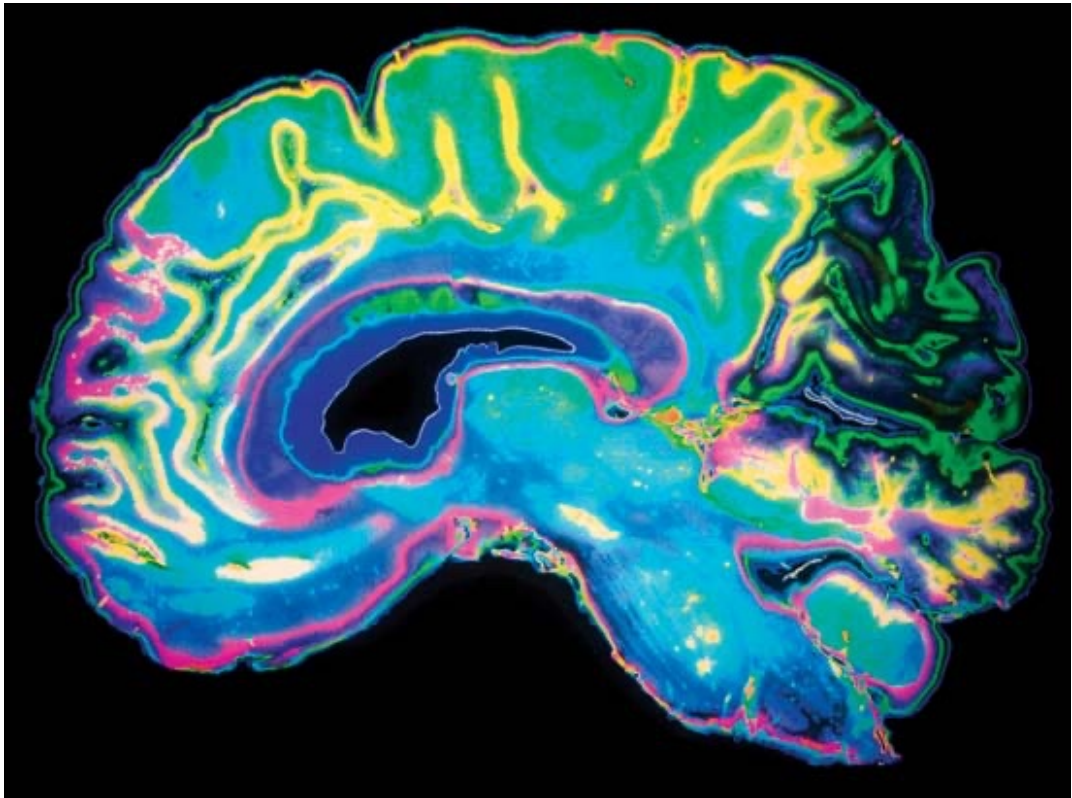
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Low Vitamin D in IBS Patients May Predict Alzheimer's & Parkinson's

A new study reveals that individuals with irritable bowel syndrome (IBS) who also exhibit low vitamin D status could face a higher risk of developing Alzheimer's or Parkinson's later on—highlighting gut-brain links and the importance of monitoring D-levels in IBS patients.

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We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today.](#)

[Join The Coalition Here](#)

Upcoming Events

Transvision Madrid

International Longevity Summit
October 1-2, 2025

[Learn More](#)



Taurine—Once Energy-Drink Darling—Now Tied to Leukemia Progression

Emerging research shows that taurine, a popular amino acid in energy drinks, may fuel the growth of leukemia cells by enhancing their energy metabolism. While not proven to cause cancer, experts advise caution regarding high-dose supplementation.

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Vitamin D Supplements May Slow Biological Aging by Preserving Telomeres

Another study found that regular vitamin D supplementation is associated with longer telomeres (protective chromosome caps), suggesting it may slow biological aging and reduce age-related disease risk.

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Tattoo Ink Linked to Elevated Cancer Risk in New Data

Recent findings show that tattoo pigments, particularly those heavy in black ink, may increase risks of skin cancers and lymphoma, especially when inks reach lymph nodes. Though more research is needed, these early signals raise safety concerns over long-term ink exposure.

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