



Hello,

This week we learn about a pair of cancer drugs that may help treat Alzheimer’s, how a faster walking pace could boost longevity, the role of copper in cognitive health, and the brain-protective effects of the MIND diet—even if you start late in life.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

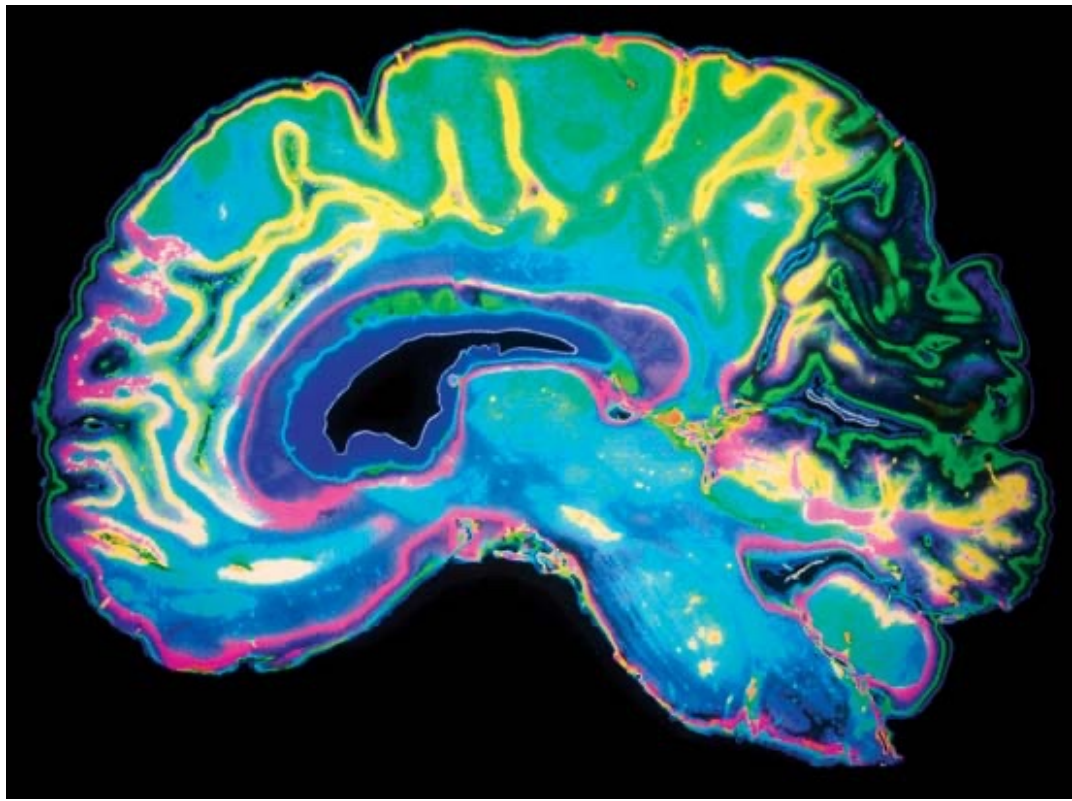
Edwina Rogers, CEO
Global Healthspan Policy Institute



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Cancer Drugs Show Potential to Reverse Alzheimer’s in Mice

Two FDA-approved cancer drugs reversed Alzheimer’s-related brain changes and restored memory in a mouse model of the disease.

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We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we’re bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer’s one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations. today](#)

[Join The Coalition Here](#)

Upcoming Events

Transvision Madrid
International Longevity Summit
October 1-2, 2025
[Learn More](#)



Pick Up the Pace: Faster Walking Linked to Longer Life

A new study suggests that walking just a little faster—about 14 extra steps per minute—can help older adults stay mobile and independent.

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Moderate Copper Intake May Support Brain Health

Adults who consume about 1.2–1.6 mg of copper per day may see better brain function, especially in processing speed and executive skills.

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MIND Diet May Reduce Dementia Risk— Even if Started Later in Life

A Mediterranean-style diet rich in brain-healthy foods may lower dementia risk regardless of when you adopt it.

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