

Global Healthspan Policy Institute

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Hello,

This week we learn about how early use of hearing aids may reduce dementia risk, the link between omega-3 levels and Alzheimer’s in women, results from a landmark lifestyle trial to improve brain health, and how midlife may mark a key turning point in biological aging.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute



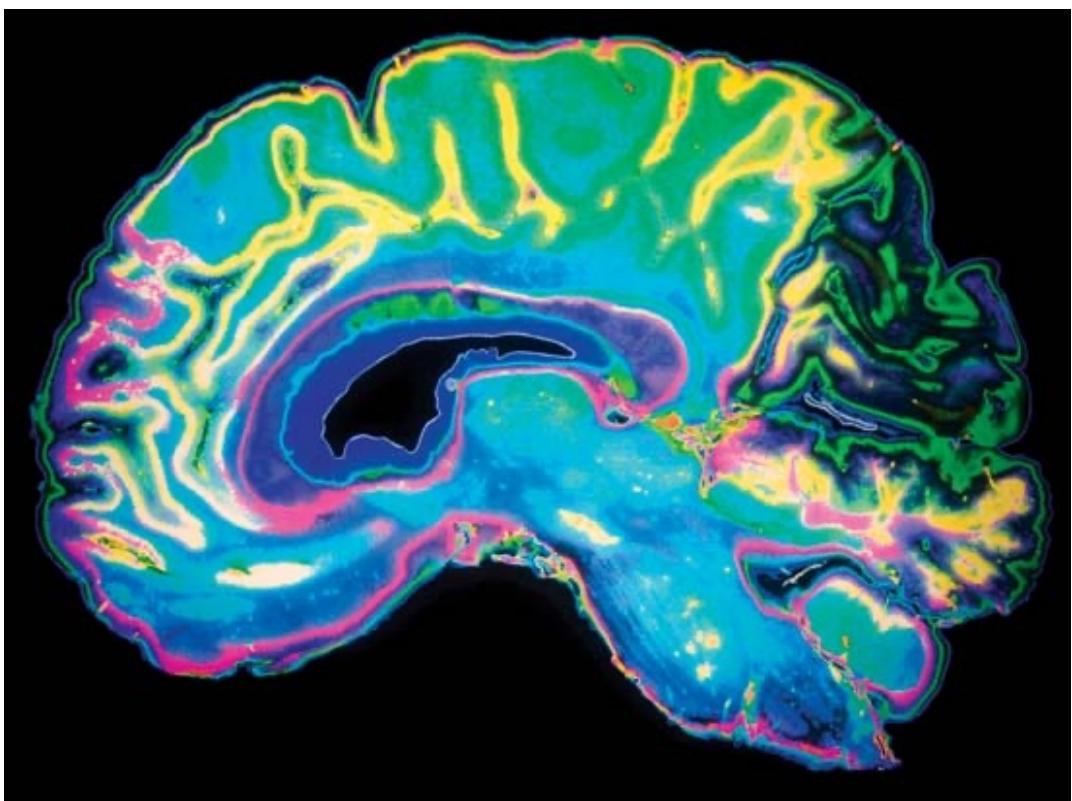
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Low Brain Lithium May Be Linked to Alzheimer’s Disease

A new study finds that people with Alzheimer’s have significantly lower levels of lithium in their brain tissue, suggesting the mineral may play a protective role.

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Women with Alzheimer’s Have Lower Omega-3 Levels

Researchers found that women with Alzheimer’s had up to 20% less omega-3 fatty acids in their brains than women without the disease—a difference not seen in men.

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Simple Daily Habits May Slow Cognitive Decline by 2 Years

A new study shows that combining exercise, brain training, social engagement, and healthy eating can delay cognitive aging by up to two years.

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Early Hearing Aid Use May Cut Dementia Risk by 61%

A long-term study found that people who started using hearing aids before age 70 had a dramatically lower risk of dementia later in life.

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We’re Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we’re bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer’s one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today.](#)

[Join The Coalition Here](#)

Upcoming Events

Transvision Madrid

International Longevity Summit
October 1-2, 2025

[Learn More](#)

