

Global Healthspan Policy Institute

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Hello,

This week we learn about a natural compound combo that may help clear Alzheimer's plaques, the powerful brains of SuperAgers, a brain scan that may predict how fast you're aging, and how cycling might help rewire the Parkinson's-affected brain.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute



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Study of SuperAgers Suggests Mental Decline Isn't Inevitable

A 25-year study found that some people in their 80s have memory as sharp as those decades younger.

[Read more](#)



We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today.](#)

[Join The Coalition Here](#)

Upcoming Events

Transvision Madrid

International Longevity Summit
October 1-2, 2025

[Learn More](#)



MRI Scan May Predict Brain Aging and Longevity

A new brain-scanning method may reveal how fast your brain is aging—and could help predict future health risks.

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Natural Compounds Help Brain Clear Alzheimer's Plaques

Vitamin B3 and a green tea antioxidant helped aging brain cells remove harmful plaques and restore energy in a new study from UC Irvine.

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Cycling May Help Rewire Brains Affected by Parkinson's

Twelve sessions of dynamic cycling improved neural communication in people with Parkinson's disease.

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