

Global Healthspan Policy Institute

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Hello,

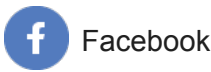
This week we learn about how brain protein profiles, high-intensity exercise, gene therapy, and even common vaccines are shaping the future of aging and longevity—offering new hope for healthier, longer lives.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO  
Global Healthspan Policy Institute



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**Huge Study Reveals 2 Vaccines That Appear to Reduce Dementia Risk**

Shingles and RSV vaccines containing the AS01 adjuvant were linked to significantly lower dementia rates in older adults.

[Read more >](#)



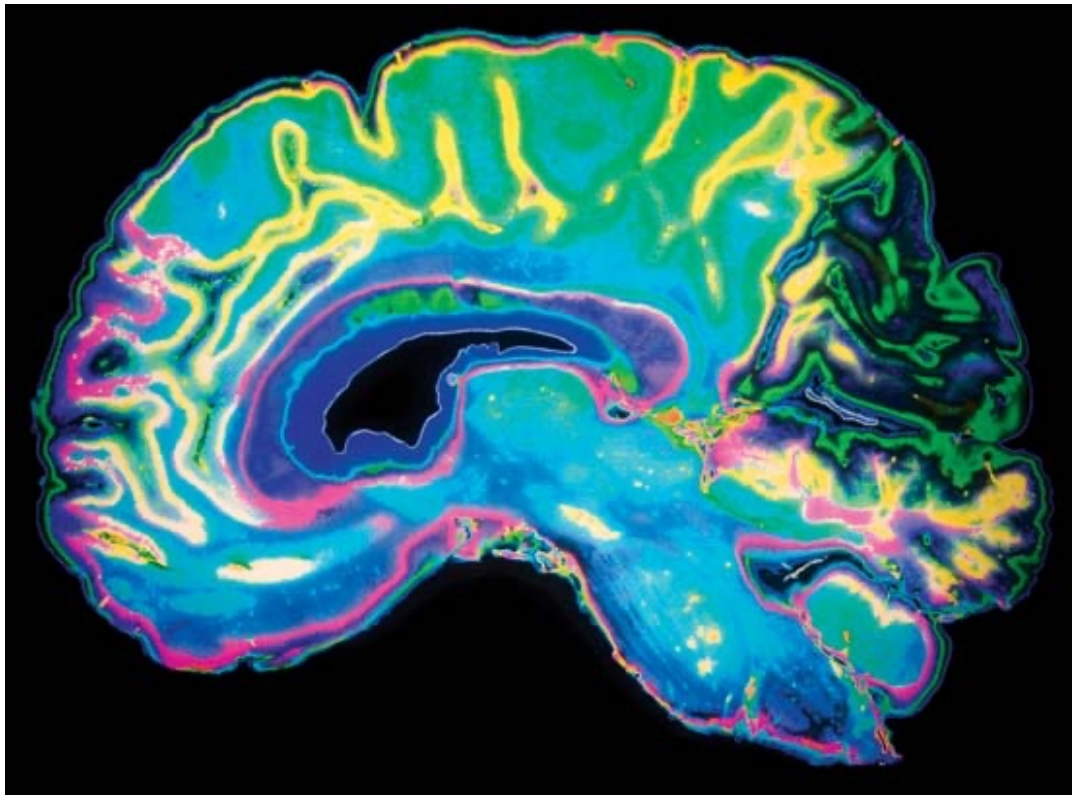
**We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!**

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

[Join The Coalition Here](#)

**Upcoming Events**



**Your Brain Reveals a Lot About Your Age**

A massive blood protein study found that having a “younger” brain at the molecular level is linked to longer life and lower risk of Alzheimer's.

[Read more >](#)



**Study Reveals This Type of Exercise Lowers Your Biological Age by 9 Years**

High-intensity workouts like jogging or HIIT can slow biological aging by preserving telomere length.

[Read more >](#)



**New Anti-Aging Gene Therapy Extends Lifespan by up to 20%**

Scientists have developed a gene therapy that extended lifespan in mice by 20% and slowed aging-related decline.

[Read more >](#)

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