

Global Healthspan Policy Institute

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Hello,

This week we learn about health risk factors that at 50, can lead to a shorter life span. We also learn how time restricted eating can aid in weight loss, how living near golf courses may carry additional risk for Parkinson's and we learn how researchers are examining a rise in certain cancers before the age of 50.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO  
Global Healthspan Policy Institute



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**5 Risk Factors at 50 Can Steal a Decade of Life**

Learn about 5 specific risk factors that at 50, may lead to a shortened life span

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**We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!**

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today.](#)

[Join The Coalition Here](#)

***Upcoming Events***



**Eating in Any 8-Hour Window Daily Yields Durable Weight Loss**

According to recent studies, time restricted eating can yield great benefits for weight loss - and the timing of when we eat isn't as important as previously believed

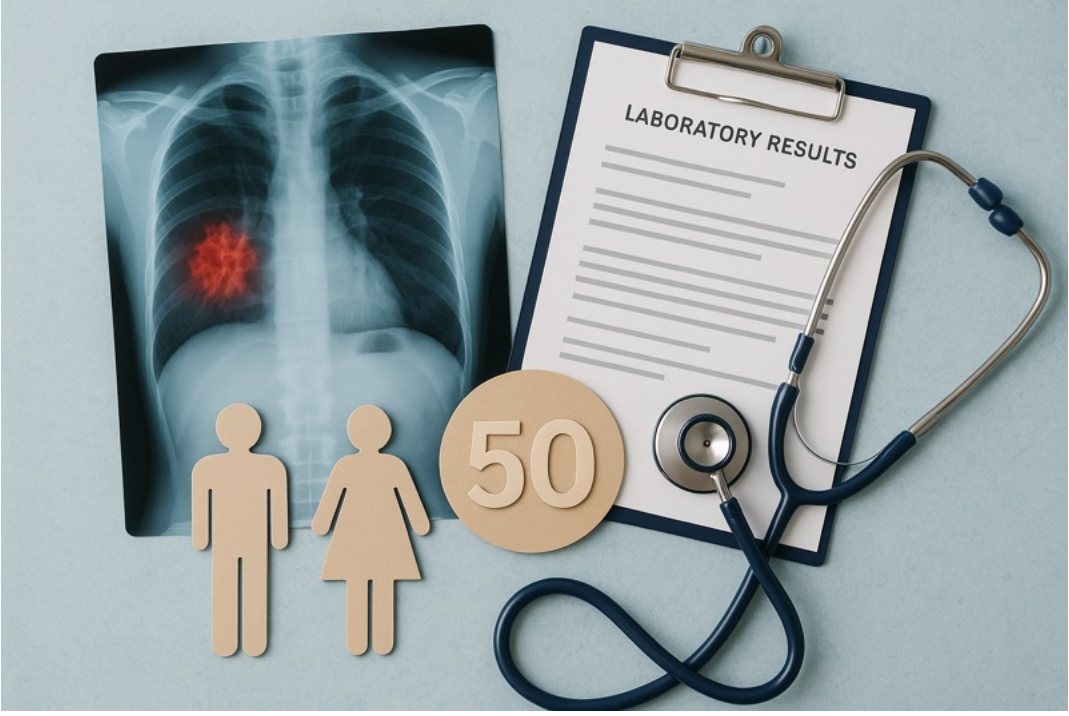
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**Study makes concerning connection between risk for Parkinson's disease and living near golf courses: 'Cases are exploding'**

Researchers believe that close exposure to pesticides used on golf courses may be leading to increased risk of Parkinson's Disease

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**Cancer before age 50 is increasing. A new study looks at which types**

While still quite rare, cancers before 50 are increasing and researchers want to know why

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