GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

This week we learn which two lifestyle and environmental factors impact aging the most, how vitamin B12 may impact cognitive decline and how differences in blood stem cells between species are teaching us more about aging. We also learn about the critical age window when we can act to prevent age related brain decline.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute

Both lower and higher B12 levels may be linked to cognitive issues in older people

A new study indicates that there may be a sweet spot for vitamin B12, when it comes to cognitive health in older people

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We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

Help us bring new preventions and therapeutics for the benefit of all generations, today

Join The Coalition Here

2 out of 25 lifestyle and environmental factors affect aging the most, study finds

According to recent research, there are 25 lifestyle and environment factors that impact aging, but smoking and socioeconomic status are the most impactful.

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Upcoming Events

Blood stem cells differences between species reveal new insights into aging

A new understanding of how blood stem cells evolve over time, and between species sheds new light on factors that influence tissue aging

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Scientists Identify Critical "Midlife Window" for Preventing Age-Related Brain Decline

Researchers have found that the window between 40-59 years old is when we can most effectively act to prevent age related brain decline

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