

Global Healthspan Policy Institute

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Hello,

This week we learn about new research on brain aging at Harvard Medical School, about optimal diets for healthy aging and we learn about a newly developed computer model to understand immune system aging. We also learn how a variety of hormones could prove to be very effective at slowing the aging of our skin.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



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Probing the Mysteries of the Aging Brain

Take a closer look at the latest research on brain aging at Harvard Medical School

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Optimal dietary patterns for healthy aging

Examine this recent study in Nature Medicine to learn more about diet and aging

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Study Uncovers Trove of Hormones That Could Freeze Time on Aging Skin

While skin aging is often considered a cosmetic concern, it's also a key factor in preventing injury and infection

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How Fast Is Your Immune System Aging? Scientists Just Built a Clock To Find Out

The new AI powered computer model will help researchers better understand how our immune systems age

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We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today.](#)

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Upcoming Events