

Global Healthspan Policy Institute

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Hello,

This week we learn about the increasing risk of age related dementia, how lifestyle is more impactful on aging than genetics and how certain antioxidants can reduce gray hair. We also learn how acts of kindness can help us live longer.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



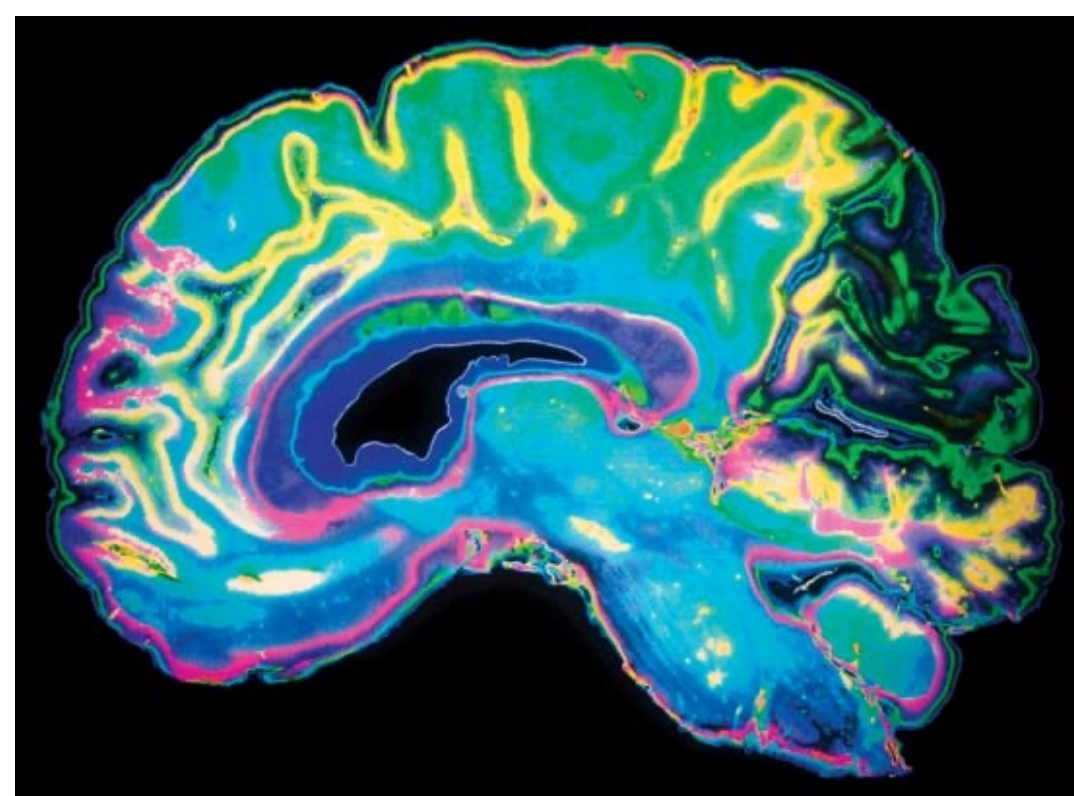
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42% and Rising: America's Surging Dementia Risk Threatens Longevity

With longevity related cognitive decline expected to double by 2060, now is the time for researchers to find treatments

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We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

[Join The Coalition Here](#)

Upcoming Events



An antioxidant in vegetables may help keep hair from turning gray

A new study identifies three antioxidants that have been shown to reduce gray hair in mice

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Lifestyle and environmental factors affect health and aging more than our genes, study finds

A new Oxford study has shown that environmental factors and lifestyle affect aging more than genetic traits

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Kindness linked to better physical health, longevity

According to Harvard researchers, regularly volunteering and participating in other acts of kindness can help us live longer

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