

Global Healthspan Policy Institute

[View this email in your browser](#)

Hello,

This week we learn how Sleep Apnea can impact cognitive function, how a spatial aging clock reveals brain aging secrets and how a new AI tool is helping researchers understand how vascular health impacts the brain. We also learn about a Nobel Laureate and author of a book on aging who shares the practical things he does to age well.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO  
Global Healthspan Policy Institute



[Facebook](#)
[Twitter](#)
[LinkedIn](#)



#### Sleep apnea impacts brain in ways that may affect cognitive function

New research from the University of Miami examines how Sleep Apnea patients' brains vary, and how that might affect cognitive health

[Read More](#)

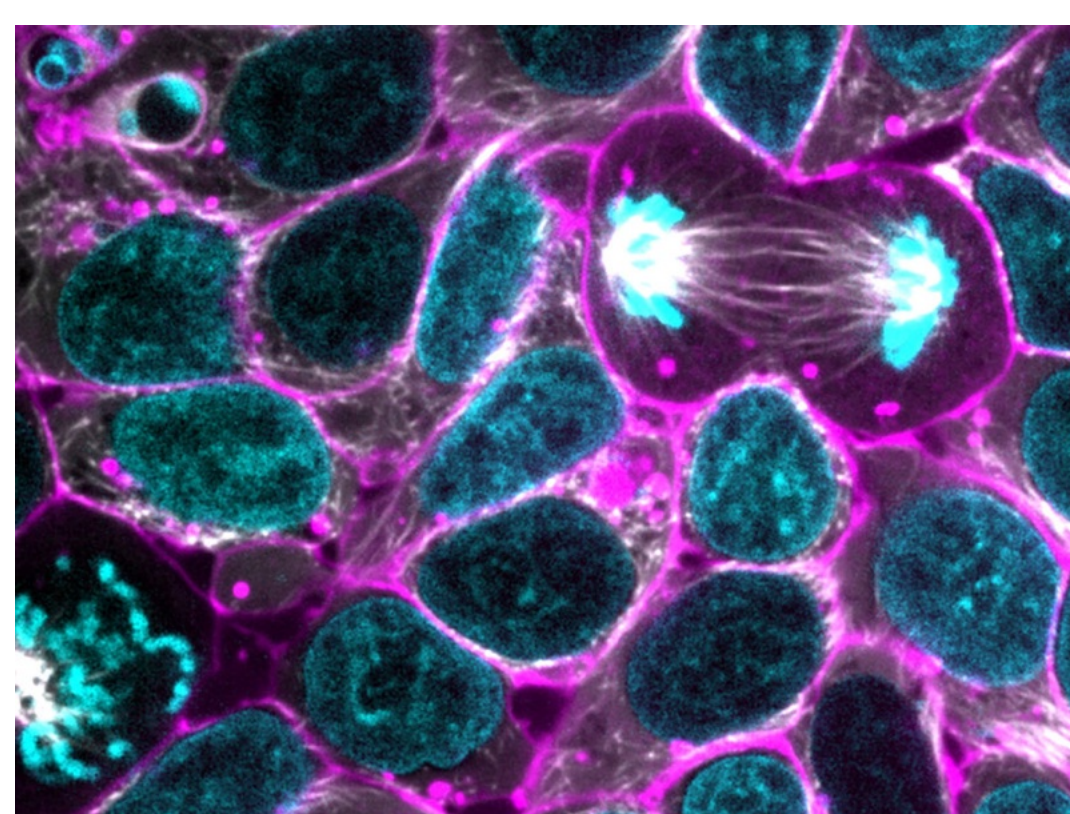


#### We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations. today](#)

[Join The Coalition Here](#)



#### Spatial aging clocks reveal how T cells and neural stem cells shape brain aging

A recent study published in Nature, reveals how a newly developed spatial aging clock can help us better understand brain aging

[Read More](#)



#### Using an AI tool, researchers find poor vascular health accelerates brain aging

Researchers continue to deploy new technologies, like AI, to better understand brain aging

[Read More](#)



#### A Nobel Prize-winning scientist who wrote a book on aging cycles 6 miles a day at age 72. Here are 3 things he does to stay healthy.

Venki Ramakrishnan is the author of "Why We Die" and shares practical things he does to help him age well

[Read More](#)

Copyright © 2024 Global Healthspan Policy Institute, All rights reserved.

[unsubscribe from this list](#) [update subscription preferences](#)

