

Global Healthspan Policy Institute

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Hello,

This week we learn about a new protein discovery that could lead to healthier aging, how ultra-processed foods weaken muscles and how some foods can slow brain aging. We also learn how declining dental health as we age can contribute to our overall health and longevity.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.



All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



Longevity Breakthrough: New Protein Discovery Could Be the Key to Healthier Aging

Researchers at McMaster University have discovered a new protein that could potentially lead to new treatments for age related diseases

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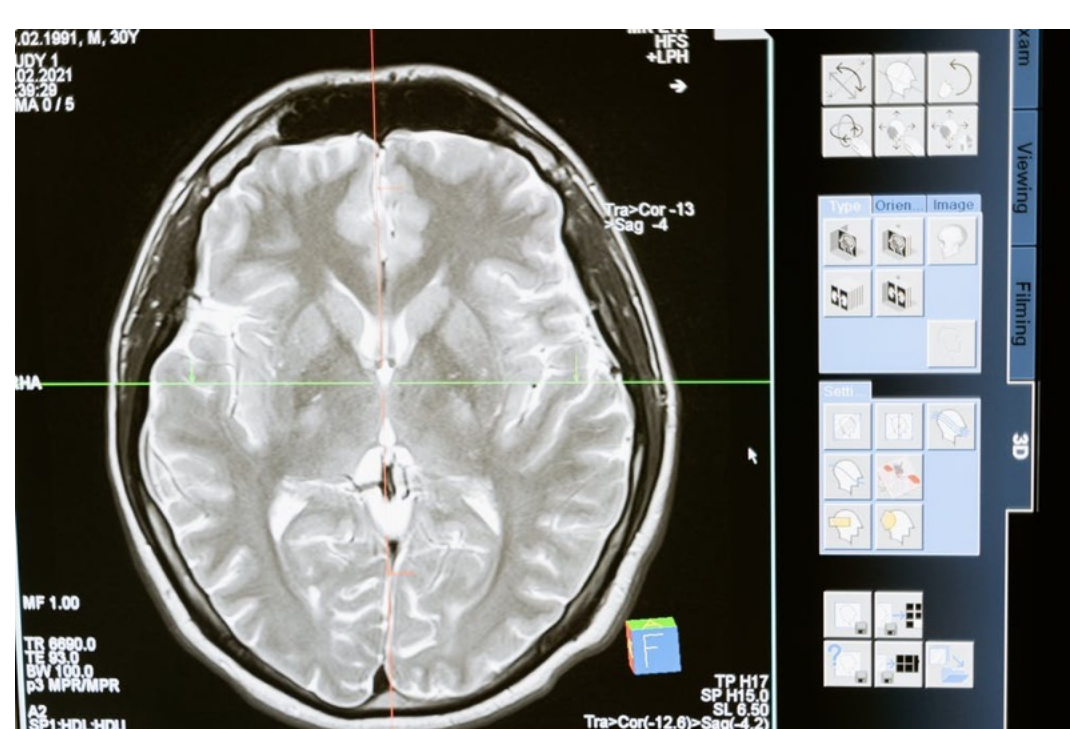


We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today.](#)

[Join The Coalition Here](#)



UNL researchers delving into which foods help slow aging of brain

A new study from UNL indicates that foods with certain fatty acids, vitamins and antioxidants helped participants score higher on cognitive tests

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Ultra-processed foods weaken muscles, raising osteoarthritis risk

A recent imaging study finds that ultra-processed foods weaken muscles and raise osteoarthritis risk

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Speaker to share important insight on aging and oral health with the medical community

Declining dental health as we age can be a key contributing factor to our overall health

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