

Global Healthspan Policy Institute

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Hello,

This week we learn how researchers are better understanding how our bodies age, how a positive outlook on aging could contribute to better outcomes and how sleep patterns impact health as we age. We also learn about new drugs developed by scientists at Scripps that could help reverse age related disease.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute



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Not just a number: Science is redefining how we understand aging

Researchers are learning more about how to truly measure the age and health of organs like the heart and brain.

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Think young, stay sharp? Positive aging outlook tied to improved cognitive self-perception

New research indicates that older adults who have a more optimistic outlook on aging report better cognitive health and less perceived decline

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Scripps Research Advances Breakthrough Regenerative Medicines to Reverse Aging-Related Diseases

Scientists at Scripps Institute have developed small molecule drugs to repair damaged heart, lung and joint tissues

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The association between sleep duration trajectories and successful aging: a population-based cohort study

A new study indicates that changing sleep patterns in older adults could result in negative health outcomes

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We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations. today](#)

[Join The Coalition Here](#)

Upcoming Events

Longevity Nation

October 28-31, 2024

Bar Ilan University, Ramat Gan, Israel

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