

Global Healthspan Policy Institute

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Hello,

This week we learn how fat accumulation in the brain may contribute to aging, how a certain type of fasting can help control blood sugar, and how your volunteer efforts can help with healthy aging research. We also learn how hormone replacement therapy could impact cardiovascular health as patients age.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute



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Time-restricted eating linked to greater blood sugar control and fat loss

Scientists have found that TRE - a form of fasting - can aid in glucose control and fat loss

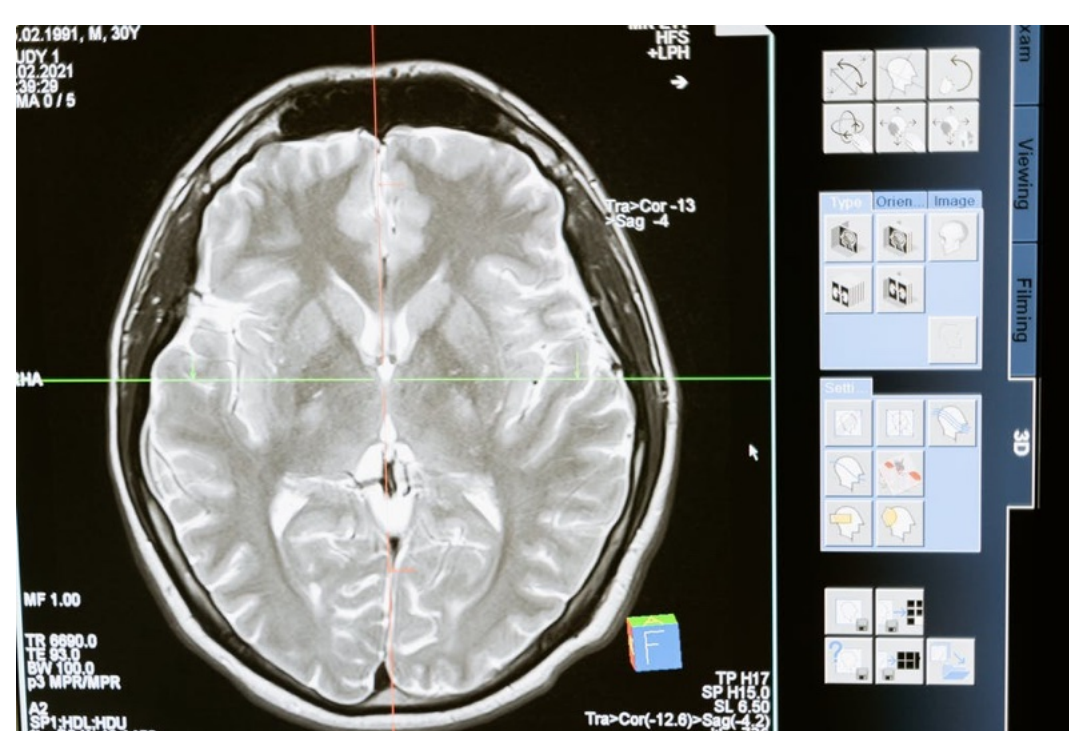
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How does hormone therapy affect cardiovascular health, insulin resistance?

New research suggests that hormone replacement therapy can improve cardiovascular health, in addition to its standard benefits

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Purdue and UPenn research finds link between aging, fat accumulation in the brain

Recent research has found that fat accumulation in the brain could be connected to aging

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The Impact You Can Have on Healthy Aging Research

Learn how you can volunteer to aid in healthy aging research

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We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations. today](#)

[Join The Coalition Here](#)

Upcoming Events

Longevity Nation

October 28-31, 2024

Bar Ilan University, Ramat Gan, Israel

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