

Global Healthspan Policy Institute

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Hello,

This week we learn how eating less could extend our lifespans, how some lifestyle changes could mitigate diabetes related brain aging, and how the popular drug Ozempic could have anti-aging properties. We also learn more about life-extension and anti-aging research from the NIH.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



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How eating less may help extend life span

New research in mice shows that caloric restriction can extend the lifespan.

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3 ways to slow down type 2 diabetes-related brain aging

A new podcast episode discusses lifestyle changes that can help mitigate diabetes related brain aging

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Ozempic could delay aging, researchers suggest

The popular drug has shown signs of delaying the aging process in some research

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Research in Context: Can we slow aging?

The NIH dives into the topic of life extension and slowing the aging process

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We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations. today](#)

[Join The Coalition Here](#)

Upcoming Events

[Longevity Nation](#)

October 28-31, 2024

Bar Ilan University, Ramat Gan, Israel

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