

Global Healthspan Policy Institute

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Hello,

This week we learn how Brazil nuts can reduce inflammation, how a diabetes patient reversed her condition with stem cell therapy and we learn about a new cheek swab test that can analyze aging. We also learn about a new breakthrough that could lead to scientists being able to regenerate neurons to extend brain longevity.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



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Eating Brazil nuts daily may reduce inflammation, improve gut health

Just 1-2 Brazil Nuts per day can have very positive effects, but experts advise against consuming more on a regular basis

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Stem-cell therapy reverses type 1 diabetes in groundbreaking case study

While just a single case, the results are promising and could lead to more research

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A noninvasive cheek swab test could help predict aging, risk of death

The new tool analyzes epigenetic changes in cheek cells

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Stanford Breakthrough: Reviving Brain Stem Cells To Combat Aging

New research points to ways scientists can regenerate neurons, extending brain aging

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We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

[Join The Coalition Here](#)

Upcoming Events

Longevity Nation

October 28-31, 2024
Bar Ilan University, Ramat Gan, Israel