

Global Healthspan Policy Institute

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Hello,

This week we learn about a genetic protein that has been directly linked to aging, how too much uninterrupted light could contribute to dementia and how stem cell exhaustion impacts aging. We also learn how different popular diets impact our health as we age.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



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Scientists Find a Longevity Gene

Researchers have identified a protein called OSER1 that appears to directly impact longevity and health

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How do keto, Mediterranean diet, or intermittent fasting lead to healthy aging?

A recent scientific review examines how different popular diets impact aging

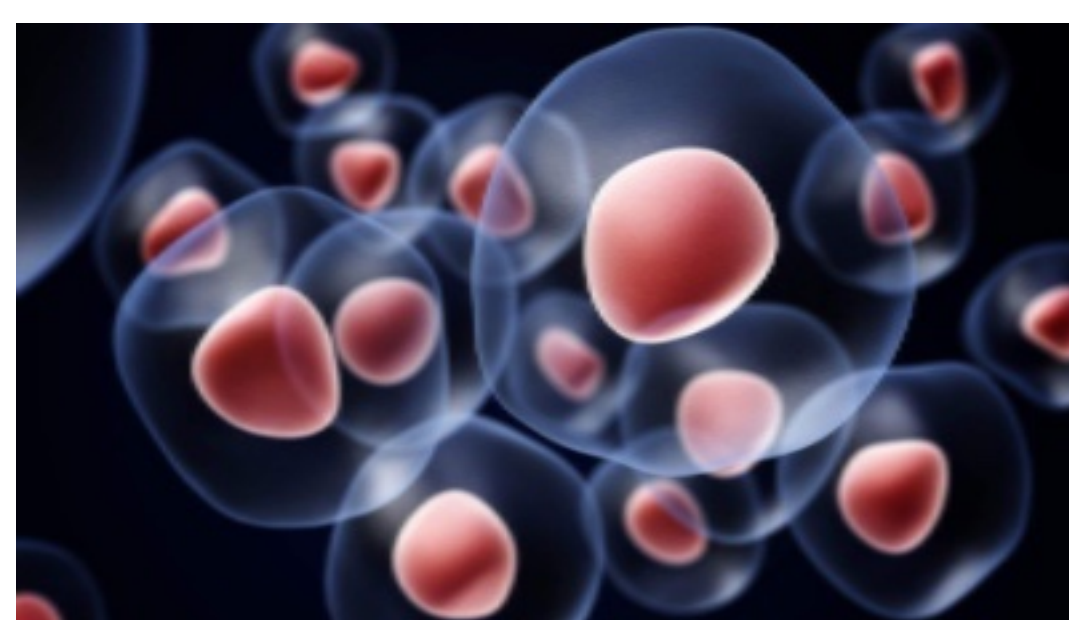
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How your choice of curtains could increase your risk of devastating Alzheimer's disease revealed

American researchers have found that excessive light pollution during dark hours could contribute to the risk of dementia

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Study Sheds Light on Stem Cell Aging Process

Scientists have identified changes in chromosome structure that contribute to stem cell exhaustion during aging.

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We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

[Join The Coalition Here](#)

Upcoming Events

[Longevity Nation](#)

October 28-31, 2024

Bar Ilan University, Ramat Gan, Israel