

Global Healthspan Policy Institute

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Hello,

This week we learn how humans tend to experience spikes in aging in their 40's and 60's, rather than gradually. We also learn how eating less folate could help with aging metabolism, how fish oil could have positive effects on cholesterol, and we learn more about telomeres - and how they may, or may not impact aging.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



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Could eating less folate actually help aging metabolisms?

Recent studies indicate that naturally occurring vitamin B9 may hinder metabolism

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Fish oil may rewrite genetic destiny for people prone to high cholesterol

A large study from the University of Georgia shows that fish oil make help people with a genetic predisposition toward high cholesterol reverse the trend

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Scientists find humans age dramatically in two bursts – at 44, then 60

The findings could explain why certain age related health conditions tend to spike at specific ages

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Are telomeres really the key to living longer, youthful lives?

Telomeres have long been associated with aging, but new studies indicate that they may not be as important as once believed

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We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations. today](#)

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Upcoming Events

[Longevity Nation](#)

October 28-31, 2024
Bar Ilan University, Ramat Gan, Israel