



Hello,

This week we learn how a common chemical in plastics can contribute to diabetes, why it's so important to maintain a healthy diet in middle-age, and how the long-lived Greenland Shark could offer insights into human longevity. We also learn about a variety of things that 100 year old Americans have in common.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.



All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

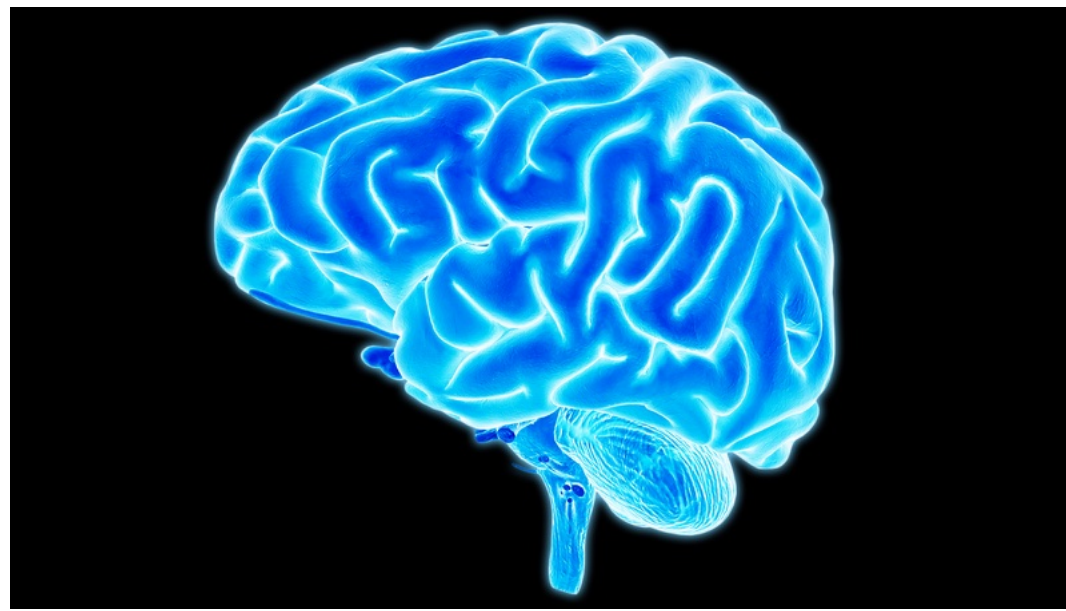
Edwina Rogers, CEO  
Global Healthspan Policy Institute



**BPA's in plastic bottles linked to type 2 diabetes risk, researchers say**

This new research is the first to provide evidence of a link between the commonly found chemical and diabetes

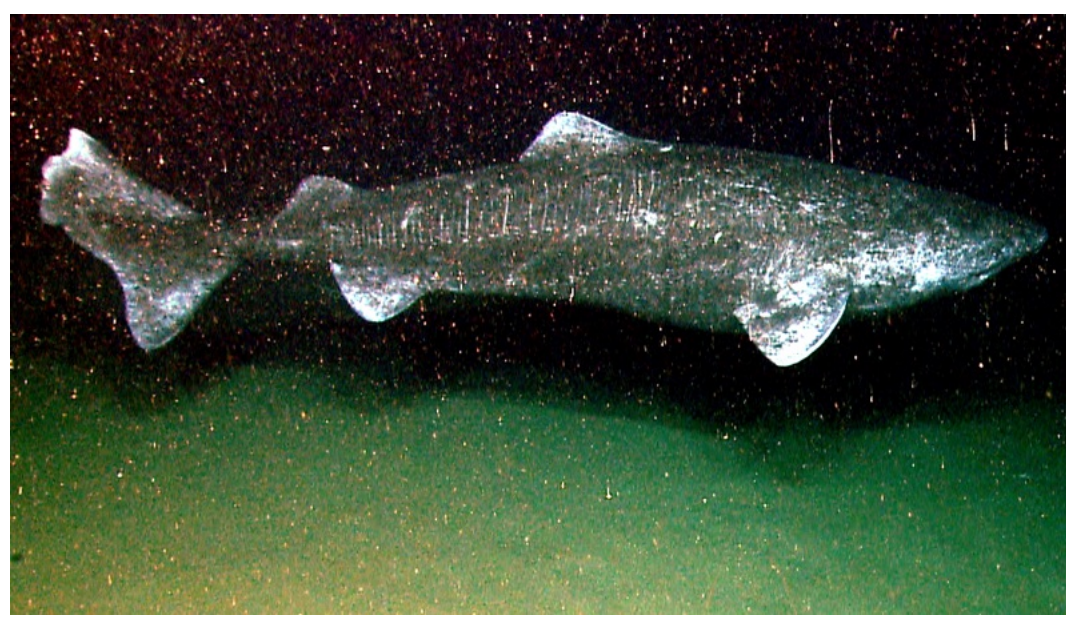
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**What research shows about brains of older Americans**

Learn about some things that Americans who live to 100 have in common

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**Revealing the Longevity Secrets of Greenland Sharks: Insights into Anti-Aging and Heart Health**

Greenland Sharks often live to 500 years old, and could lend insight into extending the human lifespan

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**The secret ingredient to healthy aging: Your midlife diet**

New research highlights the importance of a healthy diet in mid-life if we want to be healthy in older age

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**We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!**

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

[Join The Coalition Here](#)

**Upcoming Events**

**Tokyo Longevity Summit**

July 26, 2024  
Dragon Gate Hall, Tokyo, Japan

**Longevity Nation**

October 28-31, 2024  
Bar Ilan University, Ramat Gan, Israel

