



Hello,

This week we learn more about important things needed to advance longevity science, the relationship between activity, sleep and brain health, and why we move slower as we age. We also learn about new mathematical tools that are helping scientists understand more about aging.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.



All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



Rewriting the Story of Life's Later Years

A look at 3 things that can help advance longevity science from Johns Hopkins University

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With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

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Upcoming Events



Activity, Sleep & Dementia

A deep dive into the relationship between sleep, activity and brain health

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Math discovery provides new method to study cell activity, aging, MSU research shows

New mathematical tools are helping researchers understand how cell proteins break down, providing insights into aging

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New research helps explain why people move slower as they get older

Researchers at the University of Colorado Boulder are learning why we move slower as we age

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