

Global Healthspan Policy Institute

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Hello,

This week we learn how a blood test could detect stroke risk, how a common diabetes drug could provide life extension benefits and we learn about a long term study that has provided new insights into dementia and Alzheimer's. We also learn why "Super-agers" are more likely to experience cognitive decline than others.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.



All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO  
Global Healthspan Policy Institute



**Could a simple blood test predict stroke risk, vascular issues in the brain?**

A new study indicates that a new type of blood test could predict the likelihood of a stroke or cognitive decline

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**We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!**

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

[Join The Coalition Here](#)



**Why do some researchers believe metformin may hold the key to longevity?**

Numerous recent studies have shown that the common blood sugar control drug, Metformin may have longevity benefits.

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**Long-term study offers clues for healthy aging**

A Kaiser-Permanente funded, long term study is showing insights into Alzheimer's and dementia

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**White matter in superagers' brains is less prone to aging and cognitive decline**

Researchers have been analyzing what makes "Superagers" so much less likely to experience cognitive decline

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