

Global Healthspan Policy Institute

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Hello,

This week we learn how reducing exposure to a common chemical could slow aging, how exercise and reducing fat could reverse aging and how younger generations may be aging faster and have increased cancer risk. We also learn how brain-intensive work can reduce our risk of cognitive decline later in life.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



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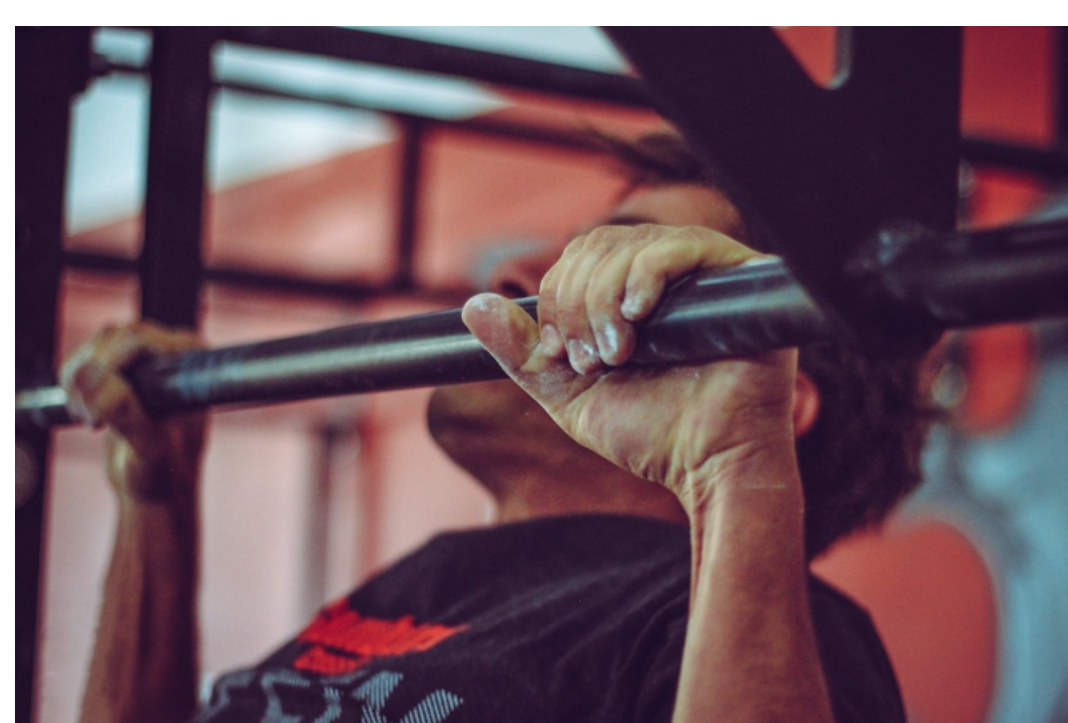
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New Research Suggests That Cutting Exposure to Common Chemicals Could Slow Aging

Aldehydes, chemicals related to alcohol consumption have been linked to aging in a recent study

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Exercise may help reverse aging by reducing fat buildup in tissues

Recent research indicates that aging can be slowed or even reversed with increased exercise, resulting in reduced fat buildup in tissues

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New Research Shows Accelerated Aging Linked to Increased Cancer Risk in Younger Adults

A new study shows that younger generations may be aging faster than prior generations, which could lead to increased cancer risk

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Thought Provoking Work May Reduce Later Life Cognitive Decline

A large study indicates that the harder someone's brain works throughout life, may make them less likely to experience cognitive decline in older age.

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We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations. today](#)

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