

Global Healthspan Policy Institute

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Hello,

This week we learn about a new understanding of how cellular damage impacts aging, how DNA Biomarkers can predict health outcomes as well as more common indicators, and how age-related abnormalities in the gut microbiome could impact mental health and cognition. We also learn speech speed could be a more reliable indicator of brain health than other methods, like difficulty finding words.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute



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The Hidden Trigger of Aging: New Discovery Could Change Longevity Research

Understanding that mechanical damage to cells can result in cellular senescence could impact our understanding of aging

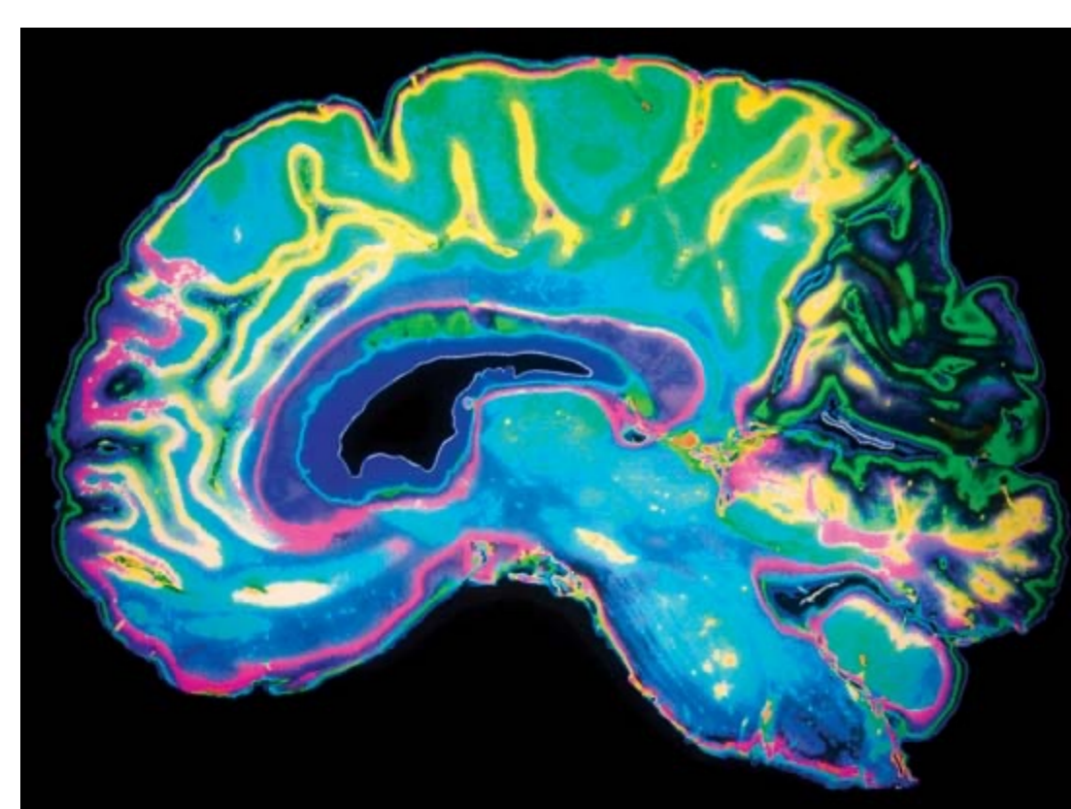
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Age estimated by changes to DNA can help predict health outcomes, mortality in older adults

New research indicates that DNA based biomarkers can predict aging as well as health behaviors and other reliable methods

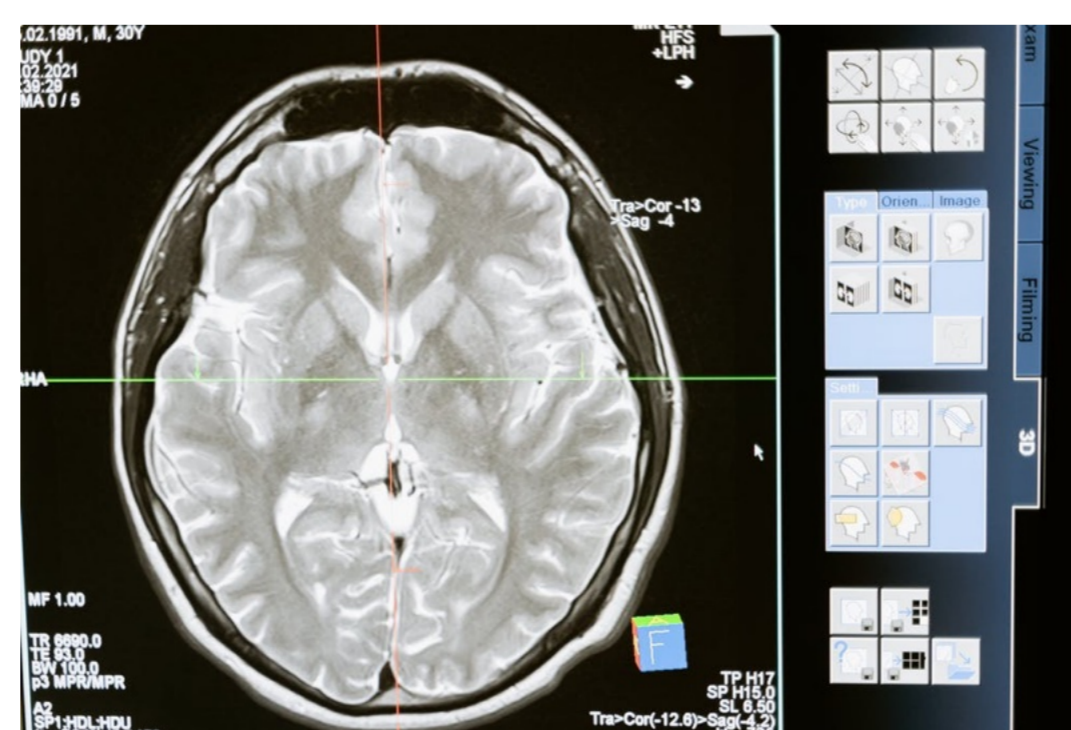
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Tracing the link between aging microbes and the brain

A recent study shows that age-related abnormalities in gut bacteria may be associated with cognitive decline and other mental health concerns

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Speech Speed May Indicate Aging Brain Health

New research indicates that the speed of speech, rather than difficulty finding words could be a more accurate indicator of brain health

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We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations today.](#)

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Upcoming Events