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Global Healthspan Policy Institute

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Hello,

This week we learn how a Vitamin B12 deficiency could have very serious consequences, how plant based protein could extend our lifespans, and how scientists are modifying t-cells to help us live longer. We also get a deep look at the science of human aging from NPR.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



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Edwina Rogers, CEO Global Healthspan Policy Institute









**Dietary Protein Intake Linked to Higher Odds of Healthy** Aging

Dietary protein, particularly plant based protein has been linked to higher odds of healthy aging

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**GHPI Coalition Grows to Over 90 Members** 

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.



We're Bringing the Best Research in the **World to Congress - and Your Donations Are The Fuel To Our Fire!** 

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond uniting our members under a common, core mission to benefit the public trust.

Help us bring new preventions and therapeutics for the benefit of all generations, today



Vitamin B12 Deficiency: It Is Now Considered a Silent **Epidemic** 

New research indicates the risks of severe vitamin B12 deficiency - including anemia, paranoia, depression and neurodegenerative disease

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## **Upcoming Events**



Scientists can tell how fast you're aging. Now, the trick is to slow it down

NPR takes a deep look at the science of human aging

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Scientists trick T-cells to resist aging, find fountain of youth within

Researchers at Cold Spring Harbor laboratory are reporting that genetically modifying t-cells can positively impact aging

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## Join The Coalition Here

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## **Upcoming Events**







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