



Hello,

This week we learn how AI is identifying potential longevity drug candidates, how much exercise we need to extend our lives, and how exercise and social activity protect brain health in older adults. We also get a deep dive into aging and longevity research projects being conducted at UCSF.

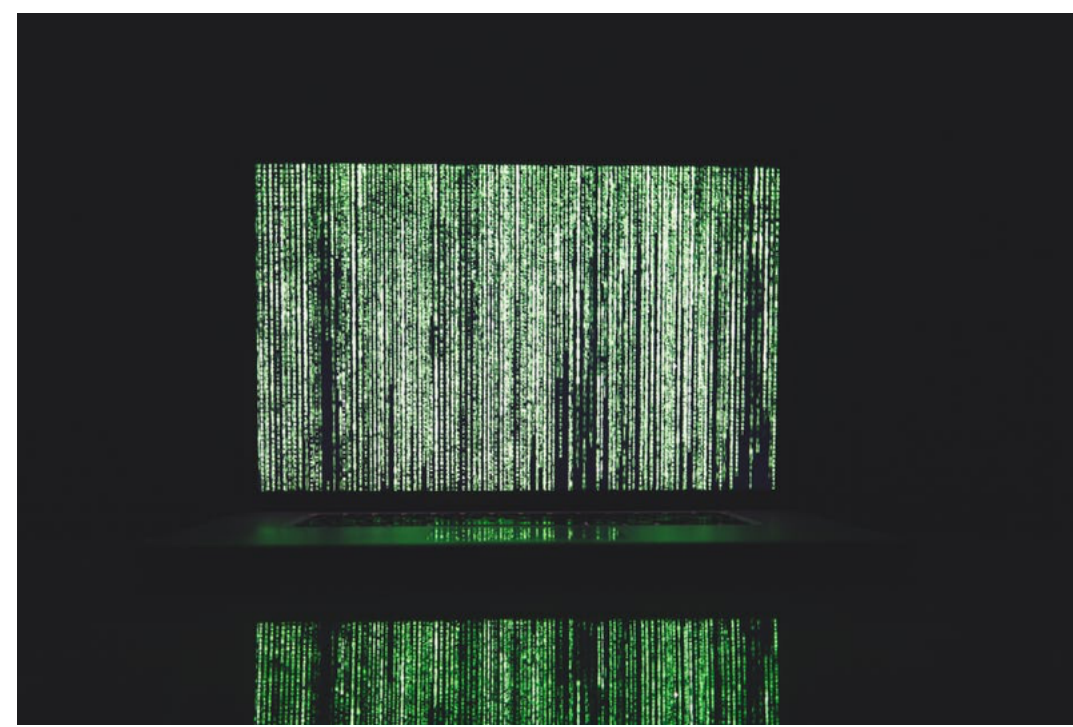
Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



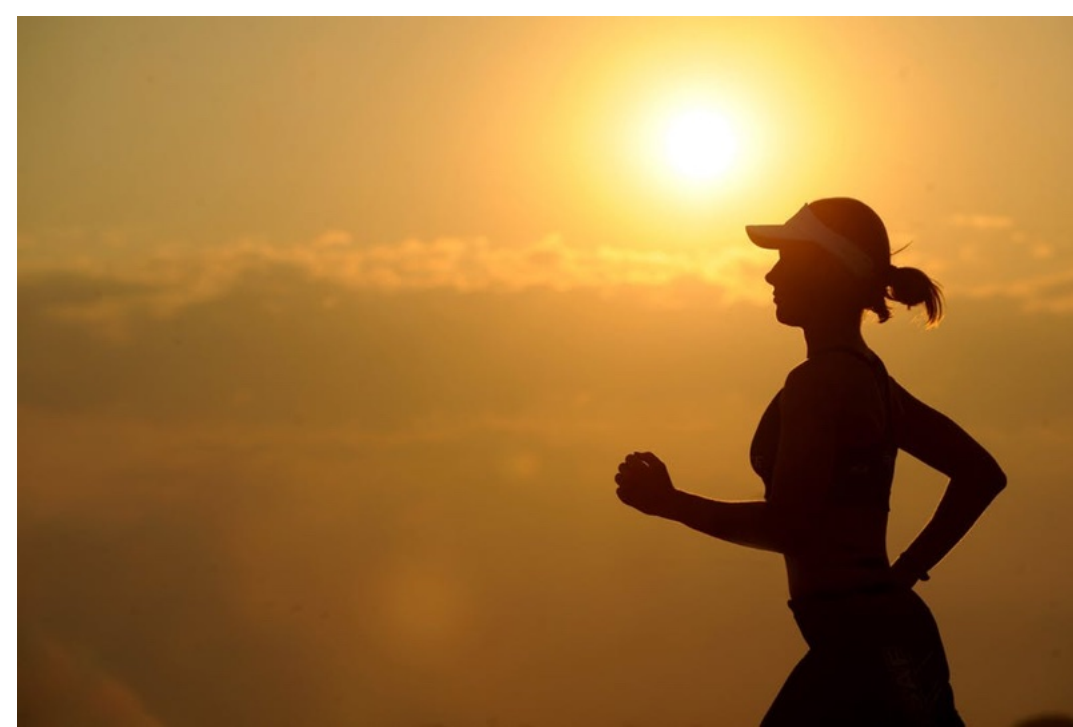
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Artificial intelligence identifies anti-aging drug candidates targeting 'zombie' cells

The new research is being called a significant milestone for longevity research

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How much should you exercise for a longer, healthier life? Study offers clues

A new study indicates that exercise alone may not be much of a factor for longevity

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The Road to Rejuvenation

A deep dive into recent UCSF research on aging and longevity

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Active Aging: Exercise and Social Life Shield Brain Health

New research indicates that regular physical and social activities protect brain health in older adults.

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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

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We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

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