



Hello,

This week we learn how Vitamin B12 can reduce inflammation, how maintaining good cardiovascular health can reduce our biological age, and how AI and new biopsy techniques could expand research. We also learn how biological age acceleration is linked to decreased memory.

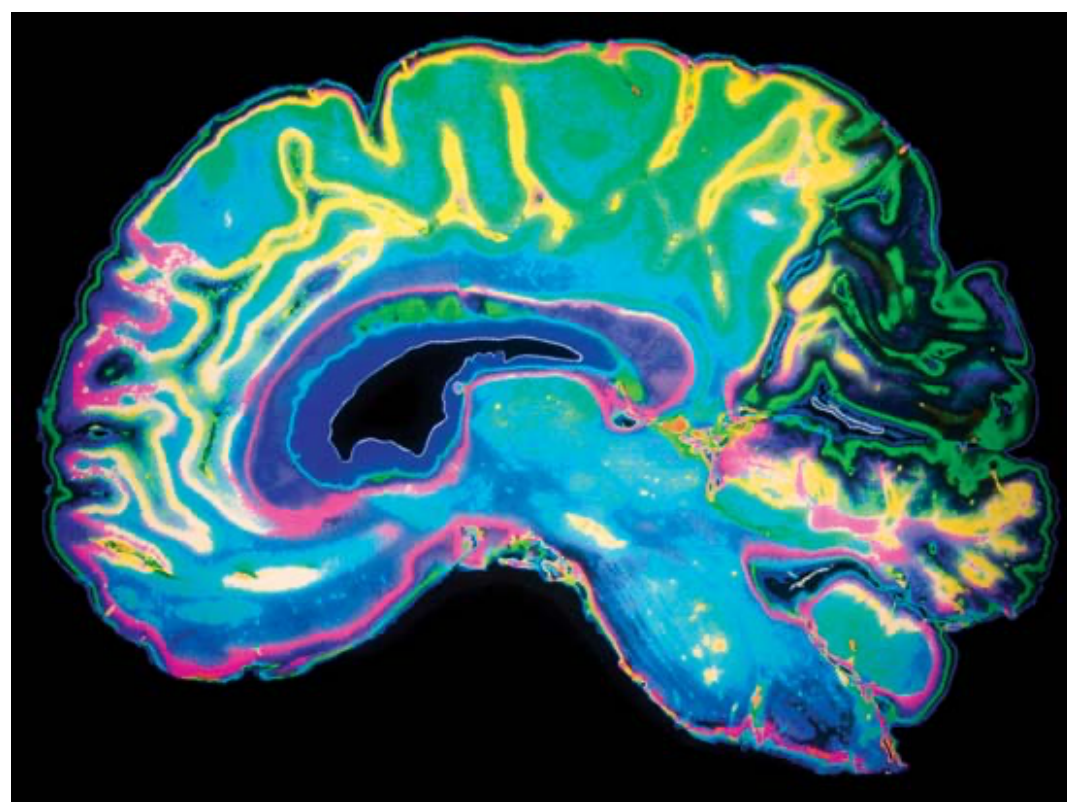
Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



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Age Acceleration tied to worse memory

After measuring the biological "Clocks" of 142 adults, those who aged quicker showed higher incidence poor memory.

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Following these 8 steps for heart health may slow biological aging by 6 years, research shows

A new study shows that maintaining high cardiovascular health can reduce biological age by 6 years.

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Liquid biopsies and AI give insight into eye health and aging

New biopsy techniques, combined with AI could open doors to research that have previously been impossible

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Inflammation and Vitamin B12: Unraveling the Hidden Connection

New research indicates that higher levels of B12 are associated with lower inflammation markers

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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

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Upcoming Events

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