



Hello,

This week we learn about a newly engineered protein to boost memory, a key lifestyle change that can add up to a decade to your life, and about 8 essential lifestyle choices that will lead to longer life. We also learn about a new aging project taking place on the International Space Station.

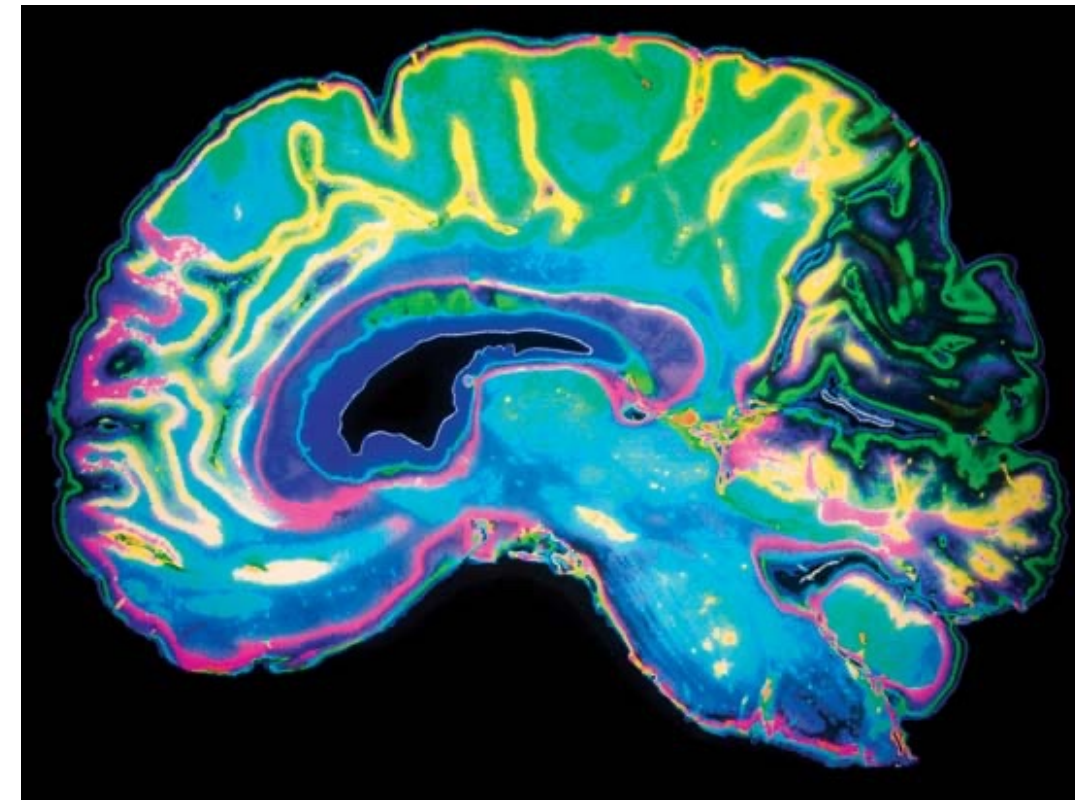
Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



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Hope for Alzheimer's as Neuroscientists Engineer Memory-Boosting Protein

A newly engineered protein could prove to boost memory function for people with age-related cognitive decline

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Aging, Human Research Studies Ahead of Next Cargo Mission

The latest studies on the International Space Station include aging research projects

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Major study focuses on key lifestyle change that can add whole decade to life expectancy

A UK based study found that middle-aged people who changed their diets to include more whole grains, nuts, and fruits, and less sugary or processed foods gained up to a decade of longer life.

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Following "Life's Essential 8" checklist may slow biological aging by 6 years

The American Heart Association has published 8 essential lifestyle choices to extend biological aging and improve cardiovascular health

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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

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