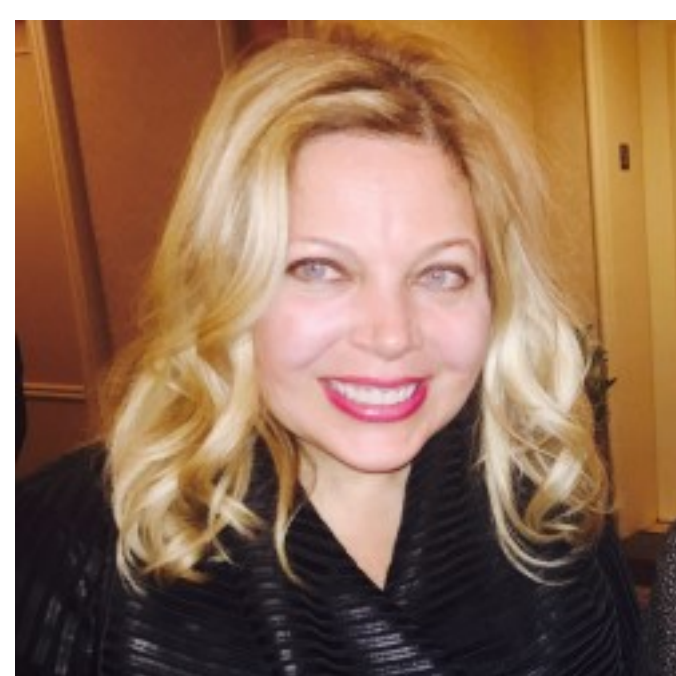




Hello,

This week we learn about a promising new stem cell therapy for hearth failure, how where you live could affect your aging and how napping can improve brain health as we age. We also learn how isolation in old age can lead to negative health outcomes.

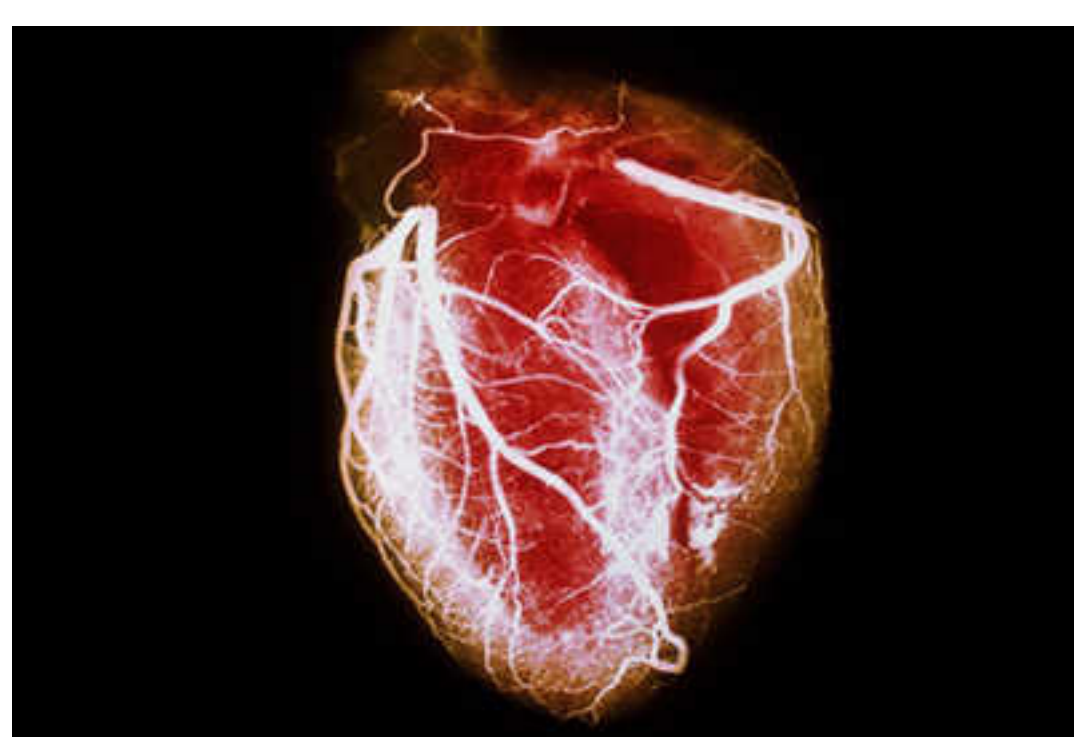
Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.



All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute

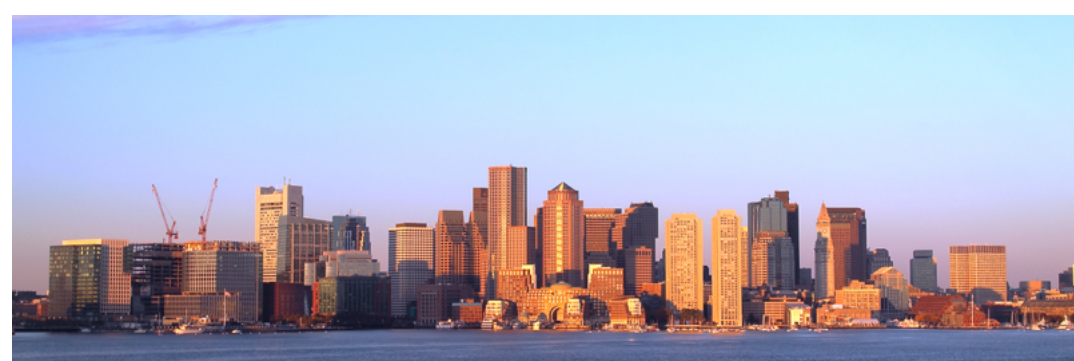
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Promising Stem Cell-Based Regenerative Therapy for Heart Disease Developed

A new stem cell therapy developed by researchers at Duke-NUS Medical School is showing promise in repairing damaged tissue after heart failure.

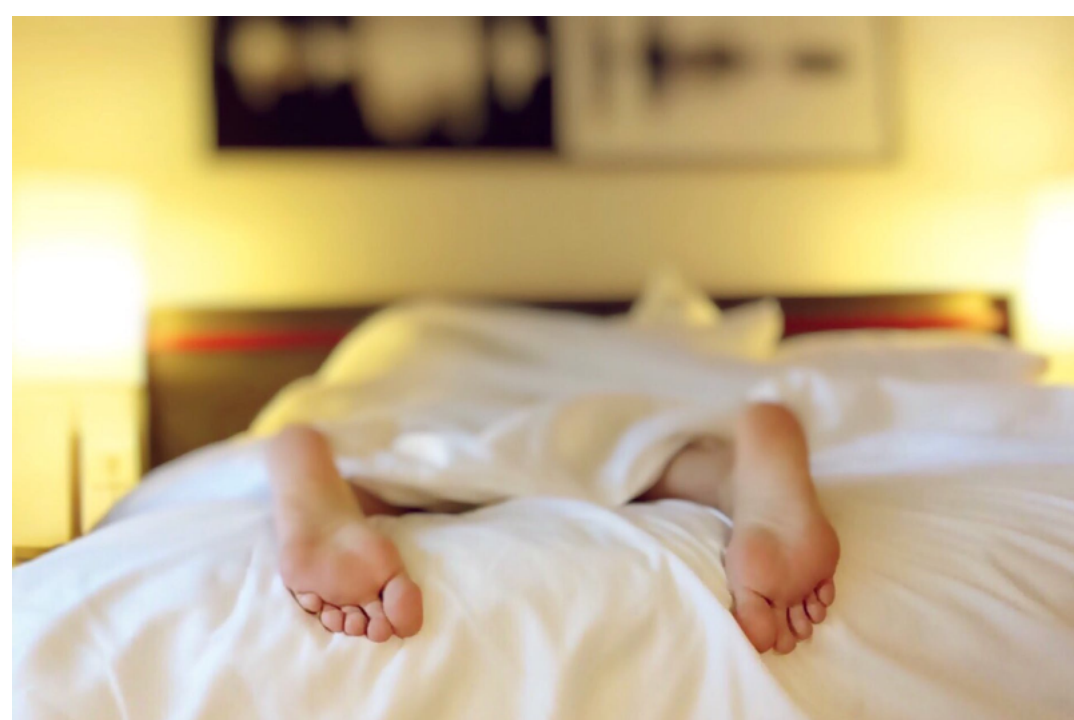
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Where You Live – A Surprising Factor That Could Be Making You Age Faster

A new study indicates that living in economically and socially disadvantaged neighborhoods, and feeling depressed could accelerate aging.

[Read More](#)



Study: Napping improves brain health as people age

A new study published by the National Sleep Foundation indicates that habitual daytime napping is associated with a lower risk of dementia and other diseases.

[Read More](#)



New Research Links Isolation in Old Age to Negative Health Outcomes

The NIA estimates that a quarter of older adults are experiencing social isolation, which leads to negative health outcomes.

[Read More](#)



GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today.](#)

Upcoming Events

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Upcoming Events

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.

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