



Hello,

This week we learn how certain fruits and teas could reduce memory loss, what scientists can learn about aging from menopause and how sleep apnea might contribute to age-related dementia and cognitive decline.

We also learn about a new event featuring Eric Verdin, President of The Buck Institute on Aging.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute

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Tea, apples and berries could stave off age-related memory loss, study suggests

A recent study suggests that people who have a diet rich in flavanols are less likely to develop age-related memory loss.

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What Aging Research Can Learn From Menopause

Understanding why menopause happens when it does could lead to a better understanding of human aging.

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Sonoma Speaker Series to present Buck Institute expert on aging research

Eric Verdin, President of the Buck Institute will address the audience on June 12 in Sonoma, AZ.

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Sleep apnea linked to smaller brain volume, study finds

Part of the brain connected to memory shrinks in people with severe sleep apnea, according to a recent study.

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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today.](#)

Upcoming Events

3/26/2023 - 3/27/2023

[Longevity Nation](#)

Bar Ilan University, Israel

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Upcoming Events

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.

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