



Hello,

This week we learn about an experimental Alzheimer's drug that shows great promise, learn how to extend our lives in healthy ways and get a deeper look at how an inexpensive diabetes drug could provide life extension benefits.

We also learn about a new study that counters long time thinking on the connection between telomeres and longer life.

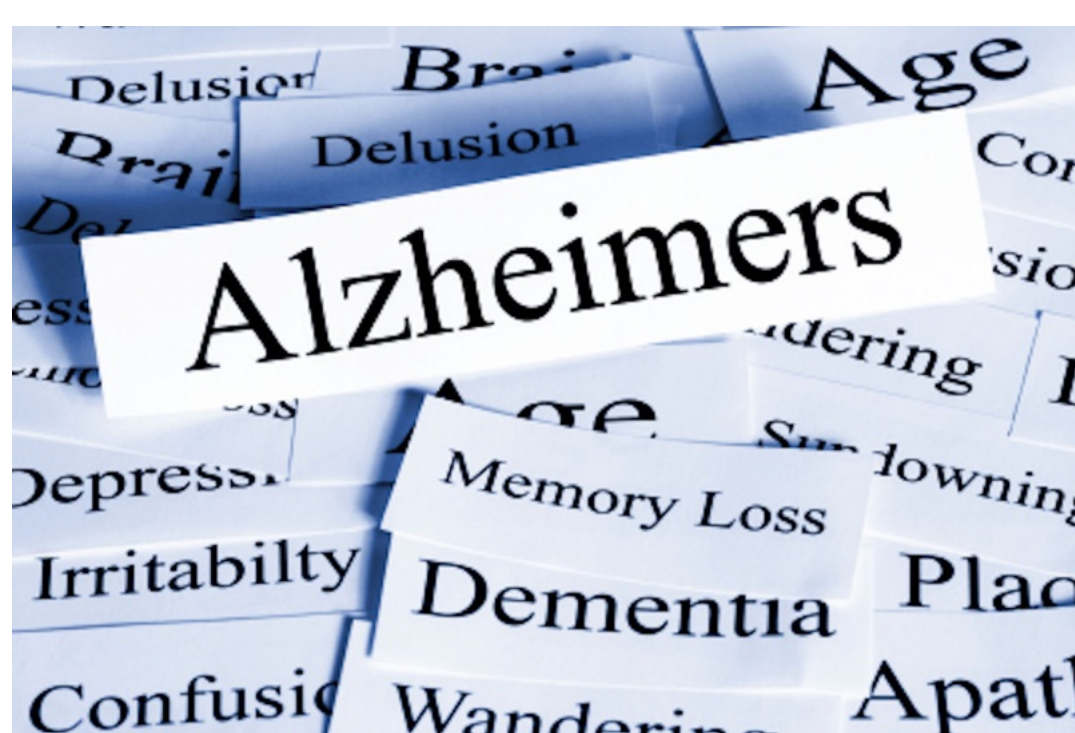
Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute

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'Remarkable' Alzheimer drug reduces cognitive decline, results show

US drugmaker Eli Lilly announced that its experimental Alzheimer's drug has slowed cognitive and functional decline.

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Living longer doesn't necessarily mean healthier, longevity expert says: 7 ways to extend your best years

Just because many of us will live longer, doesn't necessarily mean those extra years are going to be healthy. Here's a look at 7 ways to make the most out of your best years.

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Link Between Long Telomeres and Long Life Is a Tall Tale, Study Finds

Researchers have found that the longer a person's telomeres are, the greater their risk for cancer and other disorders

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One of the cheapest diabetes drugs on the market can also slow aging and extend your life span. Here's how

Numerous researchers have found that Metformin has life extending properties, find out how and why it could be a game changer.

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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today.](#)

Upcoming Events

3/26/2023 - 3/27/2023

[Longevity Nation](#)

Bar Ilan University, Israel

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Upcoming Events

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.

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