



Hello,

This week we learn how a daily multivitamin may help slow cognitive aging, how living in a reduced oxygen environment might help slow aging and how simply feeling hungry could slow down the aging process.

We also learn about a newly identified protein complex that, when suppressed, makes cells resilient to a variety of types of DNA damage.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute

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Can a daily multivitamin slow cognitive aging? Maybe

A new study indicates that adults over 60 who take a multivitamin each day may see improvement in their memory

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Oxygen restriction helps fast-aging mice live longer, study reports

Researchers from Massachusetts General Hospital in Boston and Harvard University have found that oxygen restriction may result in a longer lifespan for some mammals.

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Simply Feeling Hungry Might Be Enough to Slow Down The Aging Process

A recent study showed that fruit flies that were tricked into feeling hungry ended up living longer, even if they eat enough.

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Researchers Discover New Way To Fight the Aging Process

Researchers at the University of Cologne have identified a protein complex that impedes the repair of genomic damage in the cells of some animals, including humans.

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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today.](#)

Upcoming Events

3/26/2023 - 3/27/2023

[Longevity Nation](#)

Bar Ilan University, Israel

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Upcoming Events

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.

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