#### Global Healthspan Policy Institute

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### Hello,

This week we learn how cold temperatures may promote healthy aging, how a new UCSB research center is studying the aging process and about a student led project studying the connection between mental illness and dementia. We also learn about a new NIA project that aims to combine and analyze data to aid in Alzheimer's research.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO Global Healthspan Policy Institute





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**Cold Temperatures: The Key to Healthy Aging?** 

New research indicates that cold temperatures can trigger a cellular cleansing process that may prevent or slow certain age related conditions.

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## Can the Aging Process Be Reversed?

A new aging research center at UCSB aims to study the aging process and search for new therapies to slow or reverse it.

## Read More



GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

## Join The Coalition Here

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

<u>Help us bring new preventions and therapeutics</u> for the benefit of all generations, today

# **Upcoming Events**

3/26/2023 - 3/27/2023

Bar Ilan University, Israel

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Longevity Nation

Transforming Alzheimer's research with real-world data

A new NIA funded project aims to combine and analyze real world data to aid in Alzheimer's and dementia research.

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Students Research Connection Between Depression and Alzheimer's Disease

Students at CSUF launch a NIA funded research project examining the link between Alzheimer's and mental health.

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Sorward

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## <u>Upcoming Events</u>

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.



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