

Global Healthspan Policy Institute

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Hello,

This week we learn how eating strawberries could reduce our risk of heart disease and learn about 10 things we can do to reduce our risk of developing dementia. We also get look at a new study that could lead to treatments for many common types of hearing loss and learn about new guidance from Canada that advises about a link between alcohol and cancer.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute

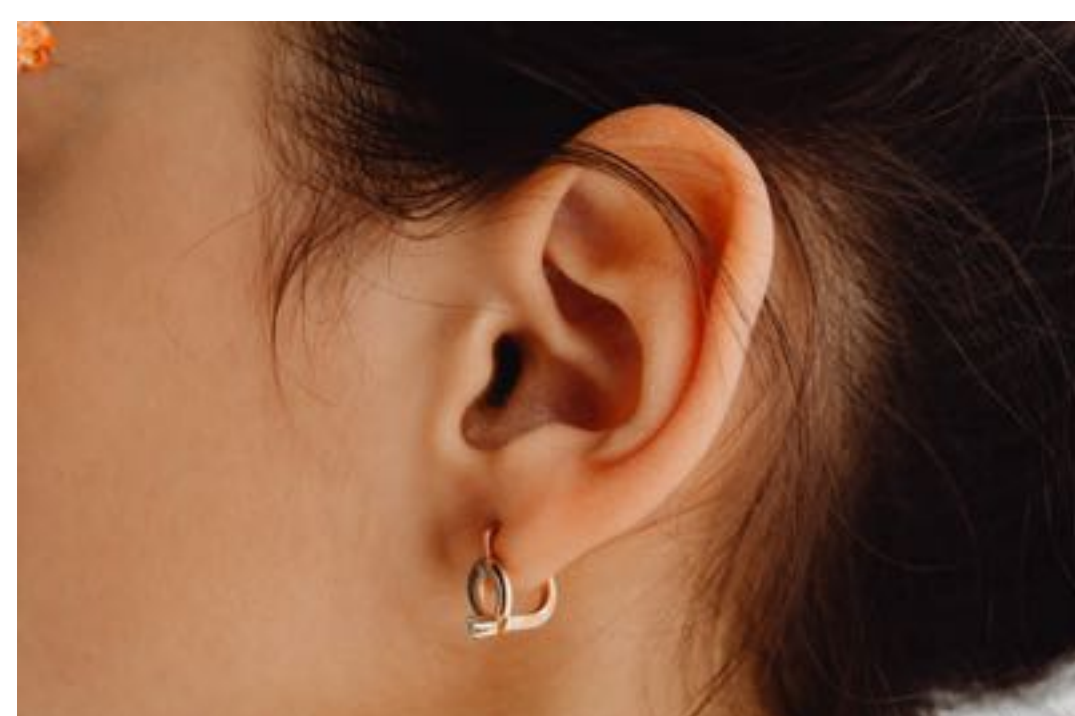
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'We should pay attention': N.S. oncologist explains link between alcohol and cancer

Canada has issued new guidance on the link between alcohol and cancer risk

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New study discovers how to reverse hearing loss

New research may lead to a method to regrow the hair cells responsible for hearing, which could reverse age-related and other common types of hearing loss

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10 ways to reduce your risk of dementia

10 things that we can all do to help reduce our risk of developing dementia

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Study shows eating strawberries may have heart health benefits

A new study shows that eating a cup of strawberries per day could reduce the risk of heart disease

[Read More](#)



GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations. today](#)

Upcoming Events

3/26/2023 - 3/27/2023

[Longevity Nation](#)

Bar Ilan University, Israel

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Upcoming Events

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.

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