

Global Healthspan Policy Institute

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Hello,

This week we learn about a new way to heal muscle injuries in older people, how an invasive weed could provide anti-aging benefits, and how early intervention could prevent dementia. We also learn how light therapy could slow cardiovascular aging.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute

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Researchers find key to healing muscle injuries in elderly

Controlling inflammation may be the key that opens the door to a variety of therapies to help older people heal muscle injuries

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Anti-aging Potential Found in an Invasive Weed

The cocklebur plant, a common invasive species, bears fruit that has anti-oxidant and anti-inflammatory properties

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The Long, Slow Process of Brain Aging Starts Early. So Should Dementia Prevention.

More intervention and treatment may be necessary during young and mid-life to truly prevent dementia.

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New Research Indicates That Light Therapy May Slow Cardiovascular Aging

Could light therapy, which has been beneficial elsewhere, could slow cardiovascular aging

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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations. today](#)

Upcoming Events

3/26/2023 - 3/27/2023

[Longevity Nation](#)

Bar Ilan University, Israel

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Upcoming Events

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.

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