



Hello,

This week we learn how a lack of dental care for older Americans is leading to health problems, how eggs might prevent cardiovascular disease and how caloric restriction could slow the aging process. We also learn about a major new study that shows how adopting a healthier lifestyle could reduce the risk of dementia by nine times.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO  
Global Healthspan Policy Institute



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#### The gap between our teeth

Large numbers of older adults in the US lack dental insurance and are going without dental care, which can lead to many negative health outcomes

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#### Diet and Lifestyle Determines Dementia Risk According to New Study

A major study published in the British Medical Journal indicates that improving our diet and lifestyle can reduce the risk of dementia by up to 9 times

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#### Cardiovascular disease: Can eating 1-3 eggs per week help protect the heart?

A new Greek study indicates that eating 1-3 eggs per week may aid in the prevention of cardiovascular disease, but eggs remain controversial

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#### Researchers May Have Found a Way to Slow Human Aging

New research shows that caloric restriction could slow aging in humans

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#### GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

#### We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations. today](#)

#### Upcoming Events

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.



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