



Hello,

This week we learn about a biotech CEO who claims to have reduced his biological age by at least 5 years, what the oldest woman alive says she's done to live longer and why so many of the world's oldest people often come from France. We also learn how vitamin D supplements could reduce skin cancer risk.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.



All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute

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A 45-year-old biotech CEO may have reduced his biological age by at least 5 years through a rigorous medical program that can cost up to \$2 million a year, Bloomberg reported

Learn about what biotech CEO Bryan Johnson is doing to rewind his body clock

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The oldest woman alive says she made it to 115 years old — surviving both World Wars and the 1918 flu pandemic — by avoiding 'toxic people'

Maria Branyas Morera credits numerous choices that line up with many studies we've seen over the last few years with her long life

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France produced 2 of the world's oldest people: Here's what the French do differently to stay healthy

A look at the cultural, socioeconomic and dietary differences that may contribute to these longer lifespans

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Taking Vitamin D Supplements Regularly May Reduce Your Skin Cancer Risk, Study Says

Early study results are promising, but not yet conclusive.

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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

Upcoming Events

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.

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