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Hello,

This week we learn how some foods can contribute to cognitive decline, while others can help keep us mentally sharp as we age. We also learn about an experimental trial that aims to replace nerve cells destroyed by Parkinson's and how a new obesity drug is showing promise in early trials.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.



All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute

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Dementia risk may increase if you're eating these foods, study says

Recent studies show that a diet that's very high in ultra processed foods may increase risk for cognitive decline

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Tea, Fruit & Vegetables Can Keep Your Brain Sharp, Study Says

A new study indicates that certain teas, fruits and vegetables can help keep our brains sharp as we age

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Amgen Says Experimental Obesity Drug Has Promising Durability

Pharmaceutical company Amgen indicates that its experimental obesity drug is showing promise in early trials

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Lab-grown nerve cells to replace those destroyed by Parkinson's in breakthrough treatment

A new treatment for Parkinson's has entered its first trials, aiming to replace damaged nerve cells with new, lab grown cells

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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

Upcoming Events

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.

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