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Hello,

This week we learn how dementia may be prevented in the future based on new research, how more intense exercise can help us avoid some of the worst effects of aging and how new medicines are helping to extend the human healthspan. We also learn how the US Air Force is funding research into age related retinal disorders.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.



All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute

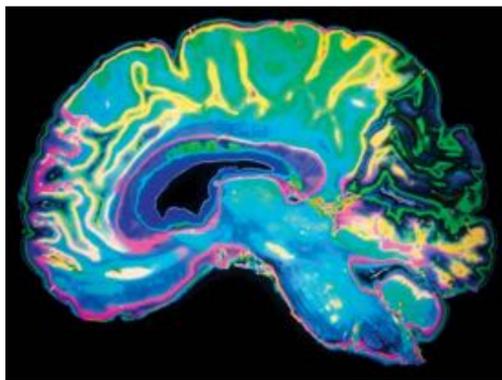
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To avoid the worst effects of aging, we might need to exercise harder than we thought

New studies indicate that we may need to engage in more vigorous exercise, on a more regular basis than previously thought to avoid chronic bone, joint and muscle pain

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Dementia could be prevented by restoring and normalizing protein clusters

New research indicates that toxic protein clumps called Fyn may cause dementia due to changes in the protein

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Air Force funding will enable UTSA researcher to understand how eyes age

The Air Force Research Laboratory's Minority Leaders Research Collaborative Program has granted funding for research into the molecular aging process in regard to retinal health

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Healthspan versus lifespan: new medicines to close the gap

Newly developed medicines are contributing to efforts to extend the human healthspan

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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

Upcoming Events

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.

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