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Hello,

This week we learn about a new study that examines reversing the aging process in skeletal muscle, we get a look at two studies that show how pollution affects cognitive decline and learn how generally good habits can be taken to extremes. We also learn how a well-known aging scientist is advocating that governments fight aging the same way they fought COVID-19.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.



All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO  
Global Healthspan Policy Institute

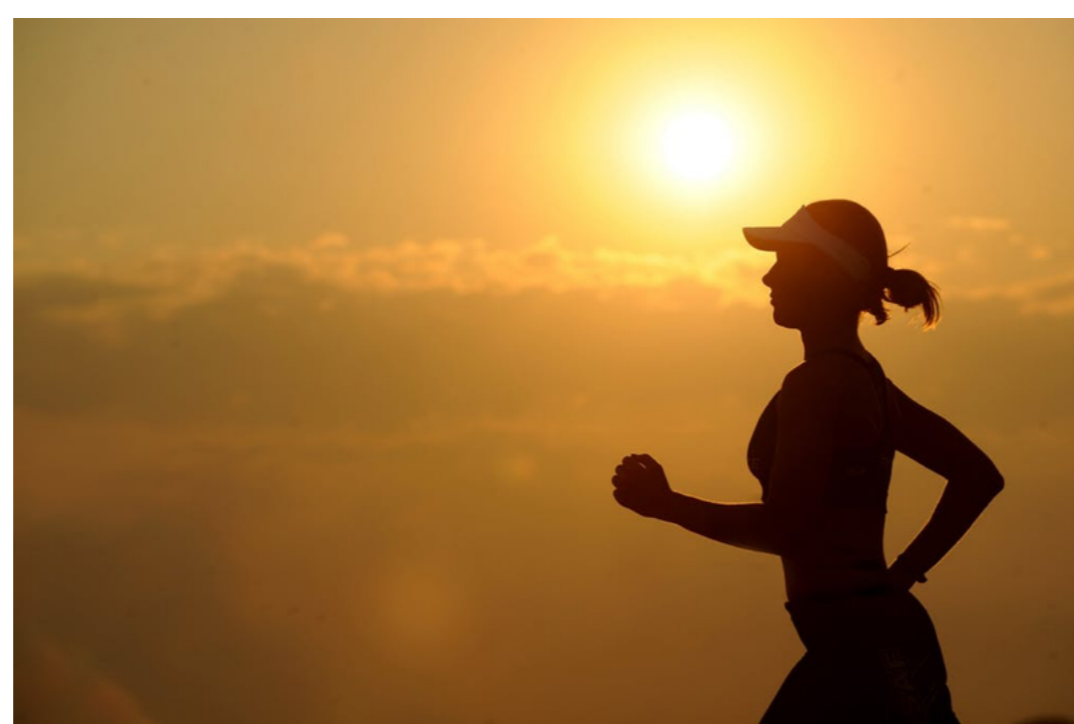
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**Clearing Pollution Helps Clear the Fog of Aging – And May Cut the Risk of Dementia**

Two new studies indicate that lower exposure to pollution results in a slower rate of cognitive decline

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**5 Good Habits That Might Cause Premature Aging**

When do healthy habits become unhealthy? When you take them to the extreme.

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**George Church: Learn from COVID and fast-track therapies that reverse aging**

The well-known aging scientist advocates that governments should invest in combatting aging the same way they did to combat COVID-19

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**Longevity breakthrough as scientists discover how to reverse aging in skeletal muscle**

Scientists at the University of Buffalo have undertaken a study that may demonstrate a way to reverse aging in muscle cells

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**GHPI Coalition Grows to Over 90 Members**

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

**We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!**

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

**Upcoming Events**

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.

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