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Hello,

This week we learn about the relationship between physical frailty and cognitive decline, how epigenetic age is a better indicator of lifespan than chronological age and how Alzheimer's researchers are looking beyond plaques and tangles to learn more about the disease. We also learn how discrimination leads to an increase in age-related disease and shortens lifespans.

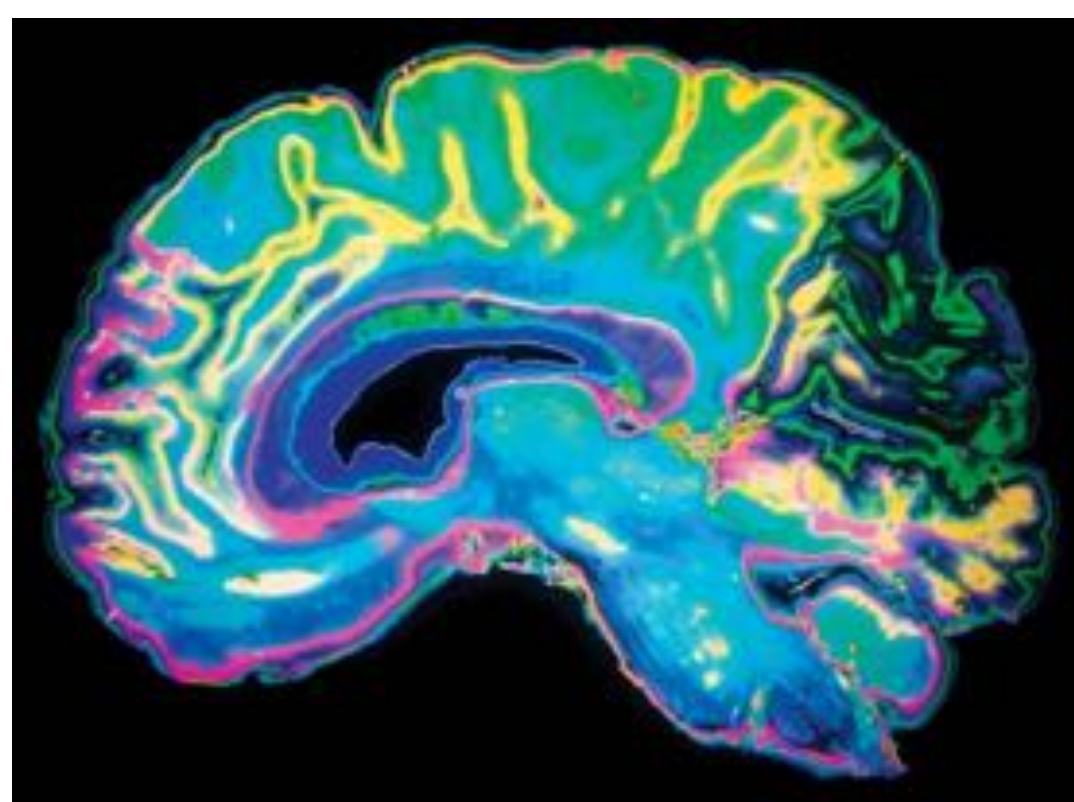
Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.



All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute

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Association of the prefrailty with global brain atrophy and white matter lesions among cognitively unimpaired older adults: the Nakajima study

New research examines the connection between physical frailty as we age and cognitive impairment

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UC San Diego Researchers Study Finds Biological Age, Not Birthdate May Reveal Healthy Longevity

A study of over 1,800 older women indicates that epigenetic age is a stronger indicator of overall longevity than chronological age

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Discrimination causes disease and aging, researchers warn

Researchers warn that discrimination increases chronic stress, isolation and access to health care, which ultimately leads to more incidents of age-related disease

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Alzheimer's researchers are looking beyond plaques and tangles for new treatments

Researchers have long examined the role of plaques and tangles in Alzheimer's and other dementias, new research is looking for new factors

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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

Upcoming Events

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.

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