

Global Healthspan Policy Institute

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GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

This week we learn about a new NIH project that will help patients in early stages of dementia plan for long term care. We also learn about a new SuperAgers Initiative from AFAR, how stress accelerates the aging of our immune systems, and we find out how engaging in creative activities can have positive health benefits for older adults.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute



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Aging Well: Expanding horizons by exploring creativity

Research shows that older adults who engage with the arts in group settings see positive health benefits.

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Stress accelerates aging of the immune system

Common causes of stress, like trauma, job strain and every day worries contribute to the aging of the immune system, according to new research.

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National Institute on Aging

NIH Supports U of U Health Effort To Develop Online Dementia Advance Care Planning Tool

The \$3.1 Million grant will help develop a website that will help people in early stages of dementia plan for their own long term care.

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American Federation for Aging Research (AFAR) to recruit 10,000 people 95+ for groundbreaking superagers initiative

The SuperAgers initiative will enlist the help of 10,000 people 95 and older, plus their family members, to compile data and develop a better understanding of exceptional longevity.

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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

Upcoming Events

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.



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