

Global Healthspan Policy Institute

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Hello,

This week we learn about a potential new tool to restore lost hearing, how a healthy gut microbiome could help prevent cognitive decline, and how even though we may be getting older, we still need to get plenty of sleep. We also learn about a new Stanford initiative that examines how various neurodegenerative diseases work, in the hopes of developing preventative and even restorative treatments in the future.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



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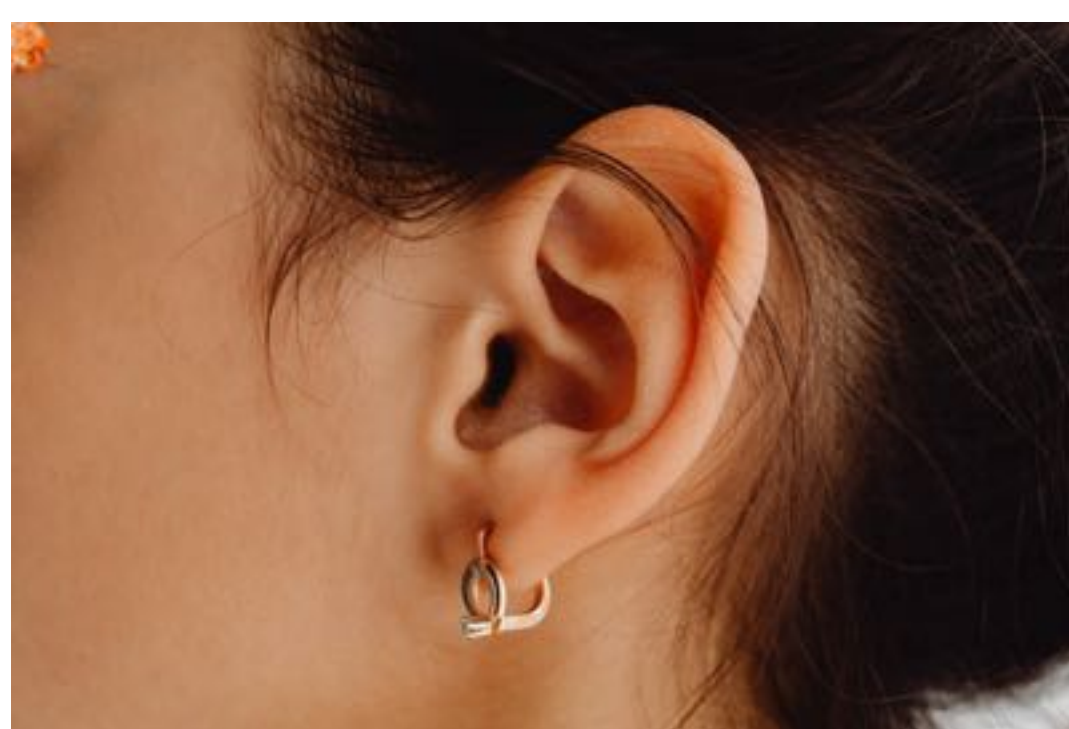
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People may sleep less as they age, but they still need 7 hours each night, scientists say

The idea that we need less sleep as we age is a myth, according to scientists

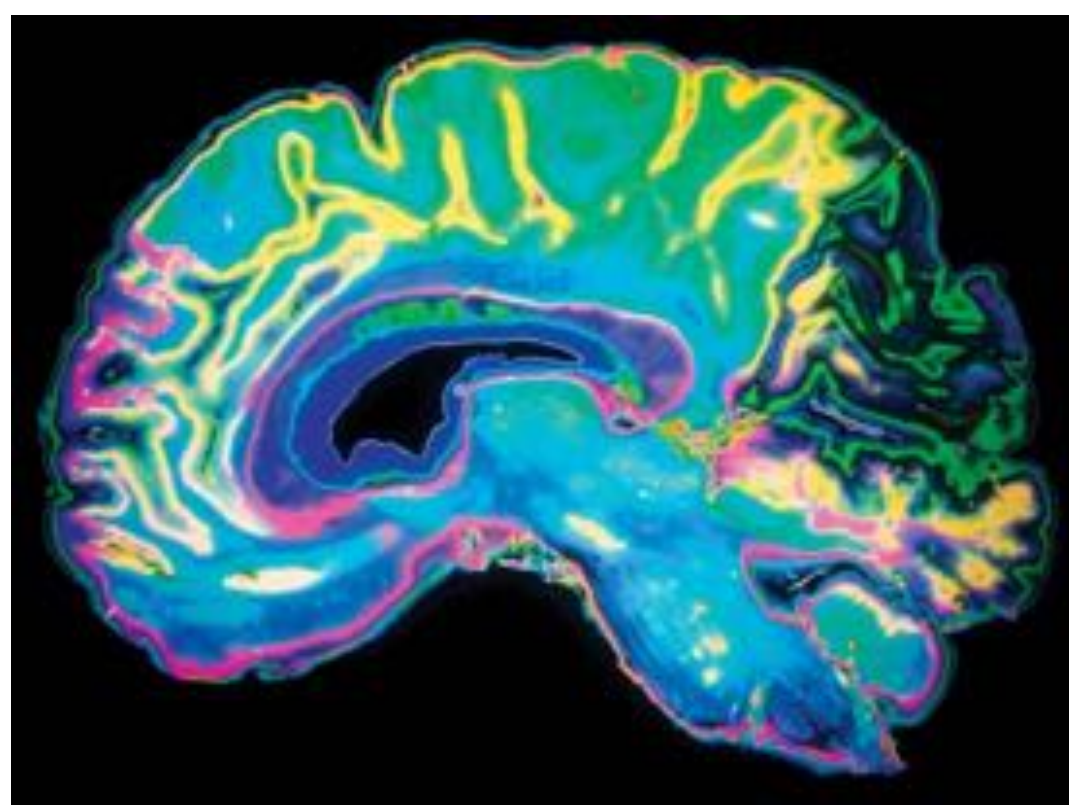
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New Tool to Create Hearing Cells Lost in Aging

New studies may have demonstrated a way to restore hearing loss due to age

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Stanford Initiative Focuses on How to Keep the Brain Resilient

A Stanford research project examines how neurodegenerative diseases work, and seeks to find ways to prevent or reverse them in the future

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Medical Moment: Microbiomes and the aging brain

New research indicates that controlling good bacteria in your gut can help prevent age related mental decline

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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today.](#)

Upcoming Events

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.



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