

Global Healthspan Policy Institute

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GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

This week we learn how aging can affect our sleep quality, about a new research model to illuminate the fundamentals of aging and how certain choices and health conditions in adolescence can speed up our aging process. We also learn about a new study that shows the benefits of finding ways to help seniors stay in their homes in rural areas.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



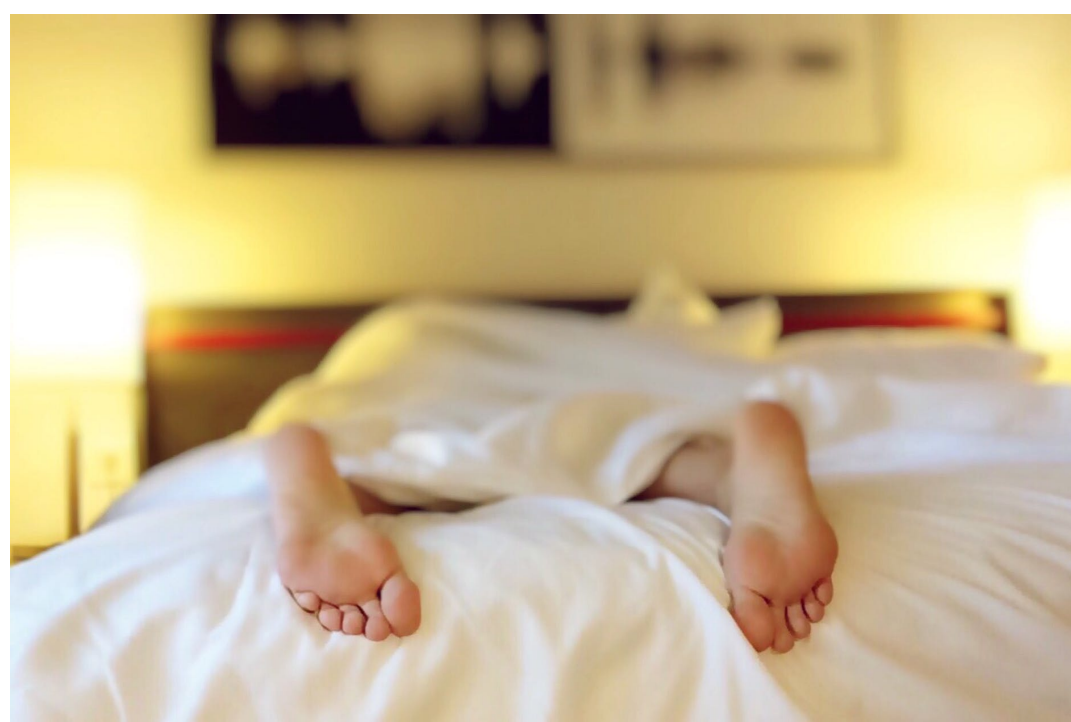
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New Research Investigates How Aging Can Affect Sleep Quality

The connection between sleep quality and aging is well known, but a new study aims to understand the reasons behind it

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Harvard researcher develops new model system to illuminate the fundamentals of aging

The new project will create a new system to better understand aging in the context of a systemic disease, rather than a simple fact of nature

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Aging faster in adulthood linked to health conditions in adolescence

New research indicates that unhealthy habits and conditions during our teenage years may affect the way we age

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Research Results: 'Aging in Place' Holds Benefits for Rural Senior Citizens and Neighbors

A new study shows that seniors who can stay in their homes, especially in rural areas, have better outcomes than those who don't.

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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today.](#)

Upcoming Events

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.



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