

Global Healthspan Policy Institute

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Hello,

This week we learn how some common dietary supplements could help prevent autoimmune disease in older people, how a group of genes are linked to longer lifespans and how iron accumulation could lead to cognitive decline as we age. We also learn how some personality changes that are often thought to be a routine part of the aging process really aren't—and how we can look out for our loved ones.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



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Vitamin D and fish oil supplements may help prevent autoimmune disease, study says

New research indicates that these common dietary supplements could help prevent autoimmune disease in older people

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It's not 'just aging'—how to spot signs of depression in a loved one

Many personality changes that are often considered to be a normal part of aging, really aren't, and we can help our loved ones by being aware of them

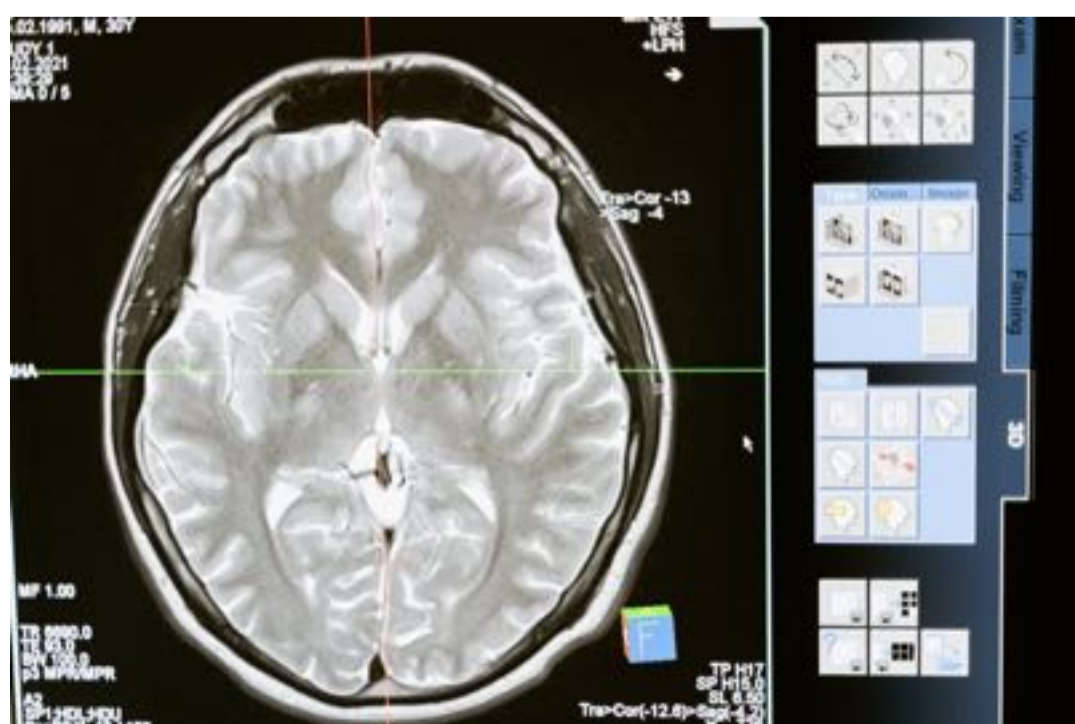
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Group of Genes Newly Linked to Longer Human Lifespan

A new study indicates that certain genetic cellular traits can impact the human lifespan

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Iron Accumulation Linked With Age-Related Cognitive Decline

A Northwestern Medicine study shows that as we age our bodies lose some ability to regulate iron build up, which can lead to a variety of cognitive problems

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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond—uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today.](#)

All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact dcarver@healthspanpolicy.org to join the tiger team today!

Upcoming Events

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.



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