

Global Healthspan Policy Institute

[View this email in your browser](#)

Hello,

This week we learn how Vitamin D and Fish oil could help prevent autoimmune disease, how a genetic variant could link ALS and dementia, and get a look at new research that could one day prevent brain aging. We also get a chance to listen to GHPI Fellow David Sinclair on The School of Greatness podcast.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute

[Facebook](#)[Twitter](#)[LinkedIn](#)

Harvard Scientist Reveals The Surprising Secrets To Age in Reverse! with Dr. David Sinclair

Dr. David Sinclair, a GHPI Fellow, appears on The School of Greatness Podcast to discuss aging and life extension.

[Read & Listen Here](#)



Vitamin D and fish oil supplements may help prevent autoimmune disease, study says

A new study from Harvard Medical School finds that people who consistently take vitamin D3 and omega-3 fatty acid supplements have a reduced risk for autoimmune diseases as they age. It also warns that people should consult their doctor before increasing their vitamin D intake, as it may be dangerous for some people.

[Read More](#)



Research that aims to help aging brains stay lightning-fast

New research aims to pinpoint the causes of brain aging so new therapies can be developed

[Read More](#)



Discovery of ALS and dementia mechanism points to new treatment strategy

Scientists from Stanford, the Mayo Clinic, University College London and the NIH have identified a common genetic variant that can affect outcomes for people with ALS and certain dementias.

[Read More](#)



GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

Upcoming Events

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.

[Share](#)[Tweet](#)[Forward](#)