



Hello,

This week we congratulate GHPI Fellow Steven N. Austad on his appointment as the inaugural Protective Life Endowed Chair in Healthy Aging Research at UAB. We also hear from GHPI Fellows Nir Barzilai and Jay Olshansky in an article about the progress being made in life extension research, and its potential impact on society.

Additionally, we learn about new research into using mechanical massage to regenerate muscle tissue and how social factors might play a role when older adults develop delirium.

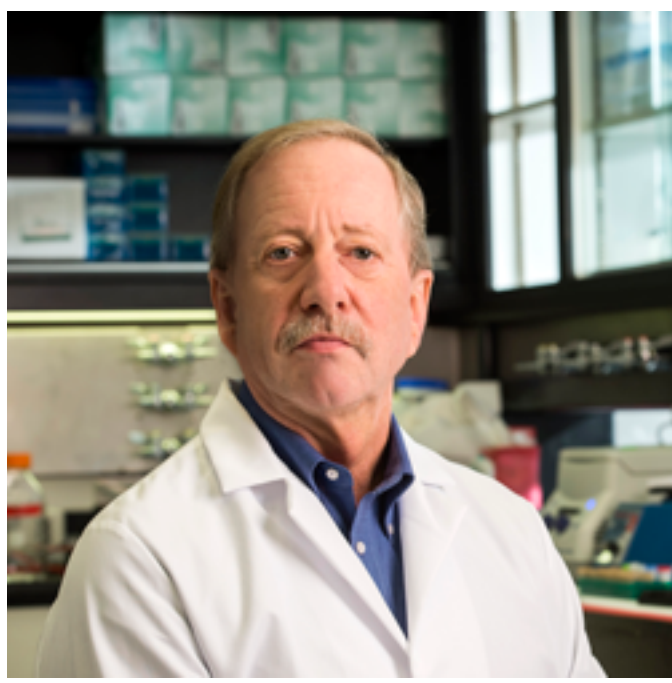
Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute

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Steven N. Austad, Ph.D., appointed as inaugural Protective Life Endowed Chair in Healthy Aging Research at UAB

Steven N. Austad is a GHPI Fellow and a leading expert in the field of healthy aging research, we congratulate him on this new appointment!

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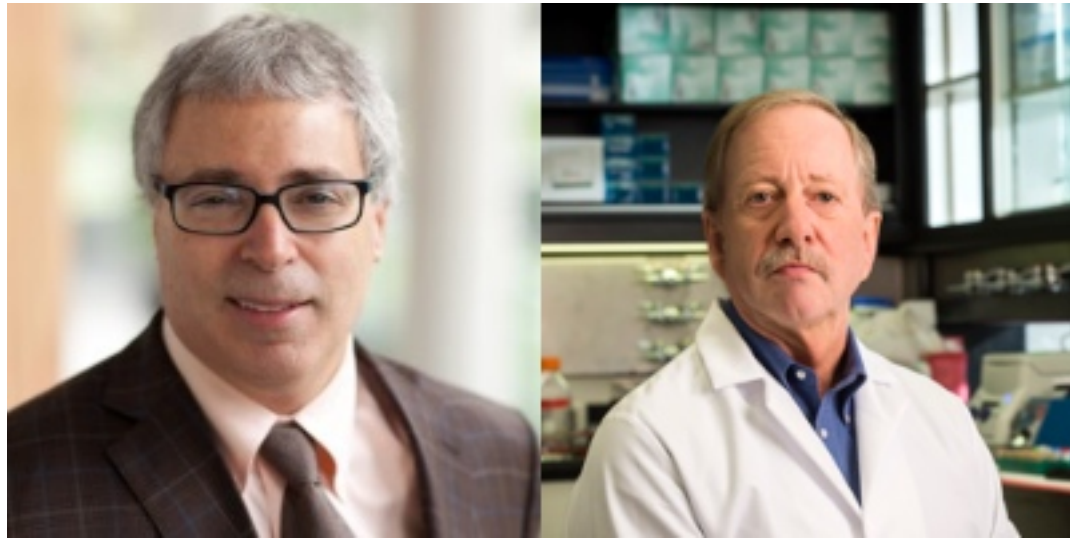


GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)



Living to 150 May Be Possible. But Is Society Ready for It?

Longevity experts, including GHPI Fellows Nir Barzilai and Jay Olshansky discuss the ways researchers are working to extend the human lifespan, and the potential impacts on society

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We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today.](#)



Robotic massage helps regenerate muscles in mice

Recent studies have shown that applying mechanical forces to injured tissue can aid in regeneration, new ones aim to understand why

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All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact dcarver@healthspanpolicy.org to join the tiger team today!



Social determinants of health provide better understanding of brain vulnerability to delirium

A new study provides a framework to better understand the risk factors associated with developing delirium late in life

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Upcoming Events

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.

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