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Global Healthspan Policy Institute

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Hello,

This week we learn about a new study that examines the role old skeletal stem cells play in healing and bone fragility, learn how certain exercises have unique benefits for older adults and find out how AI could help identify drugs with anti-aging properties. On top of that, we learn how some cognitive functions actually improve as we age.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO Global Healthspan Policy Institute





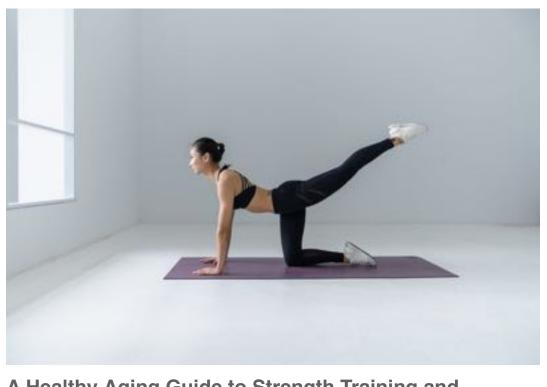




Old skeletal stem cells interfere with healing, promote 'inflammaging'

New research has found that old skeletal stem cells could contribute to bone fragility, but a treatment may be possible

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A Healthy Aging Guide to Strength Training and Stretching at Home

Stretching and weight lifting offer unique benefits for older adults

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Some brain functions may improve with age

A new study, partially funded by the NIA has found that some cognitive activity actually improves with age

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**Artificial Intelligence Calculates Anti-Aging Properties Of Compounds** 

A new study is using AI to determine the potential effectiveness of drugs with anti-aging properties

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**GHPI Coalition Grows to Over 90 Members** 

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

#### Join The Coalition Here

# We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

Help us bring new preventions and therapeutics for the benefit of all generations, today

# All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact <u>dcarver@healthspanpolicy.org</u> to join the tiger team today!

## **Upcoming Events**

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.





