



Hello,

This week we learn about a new podcast that will feature some of the brightest minds in longevity research—including GHPI Fellow David Sinclair. We also hear from another of our Fellows when we learn some great tips that can lead to a longer, healthier life. On top of that, we learn about a new funding opportunity from the NIA and get a look at Humanity, a new app that aims to help users extend their lives by making changes that can affect their biological age.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.



All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO  
Global Healthspan Policy Institute

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**InsideTracker Launches "Longevity by Design: How to Live a Longer, Healthier Life," Shares Wisdom from Leading Experts in Longevity, Healthspan**

This new podcast will feature interviews with longevity experts, including GHPI Fellow Dr. David Sinclair.

[Read More](#)



**GHPI Coalition Grows to Over 90 Members**

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

**We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!**

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

**All Call For Volunteers For Healthier, More Productive Years of Life!**

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact [dcarver@healthspanpolicy.org](mailto:dcarver@healthspanpolicy.org) to join the tiger team today!

**Upcoming Events**

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.



**Want to Live to 100? Try These 9 Blue Zone Lifestyle Tips**

9 Great tips to live a longer healthier life, featuring GHPI Fellow Dr. Steven N. Austad.

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**Humanity launches 'slow your aging' app in the UK and raises \$2.5M more from health investors**

The new app aims to help users recognize their biological age and make changes that can extend their lifespans.

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**GEMSSTAR: NIA's pioneering program for early-career physicians in aging research**

GEMSSTAR is a new funding opportunity from the NIA, specifically designed for physicians who have recently completed clinical training.

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