

Global Healthspan Policy Institute

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Hello,

This week we learn about a new study that examines how old red blood cells could affect the blood-brain barrier, how mental stimulation on the job could ward off dementia and how small proteins could be affecting the aging process in numerous ways. We also learn how alcohol use in adolescents could later lead to an increase in cardiovascular disease.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



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Professor Kiana Aran and Team Publish Aging Research Paper in Advanced Science

The new study indicates that older red blood cells could be a contributor to age-related declines in brain health

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A Mentally Challenging Job Could Help Ward Off Dementia

A new study found that on the job mental stimulation lowers levels of proteins that can hamper brain function

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Scientists Discover Small Proteins Regulate the Aging Process

Researchers have made a connection between a protein called ubiquitin and numerous age related health conditions

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Alcohol use in young adults is associated with early aging of blood vessels

A new study indicates that adolescent use of alcohol could cause accelerated arterial stiffening, leading to cardiovascular disease later in life

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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations. today](#)

All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact dcarver@healthspanpolicy.org to join the tiger team today!

Upcoming Events

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.



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